Allen County Community Health Improvement Plan

2020-2023 Addendum
To the 2018-2020 Plan









Table of Contents

I.	Executive Summary 2
II.	Vision Statement 6
III.	Introduction 7
IV.	Priority 1: Substance Use & Mental Health 10
V.	Priority 2: Chronic Disease Prevention 11
VI.	Priority 3: Maternal & Infant Health 11
VII.	Priority 4: Housing & Public Transportation 12
VIII.	Next Steps and Call to Action 13
IX.	Appendix A: List of Key Terms 14
X.	Appendix B: List of Community Partners 15
XI.	Appendix E: Work Plans 17
XII.	Appendix E: Work Plans17

Executive Summary

How this plan came to be. This plan is an extension of the work that took place in the spring of 2018 through a process called Mobilizing for Action through Planning and Partnerships (MAPP). MAPP is a nationally respected community health assessment and improvement planning framework that involves defining a vision for health in the community, and comprehensively assessing the community's health. The MAPP process takes place every 5 years, and Allen County partners first participated in the MAPP in 2013. In early 2018, partners and community members chose to work towards four health priorities: Substance Use and Mental Health, Chronic Disease Prevention, Maternal and Infant Health, and Housing and Public Transportation. The partners developed a detailed workplan that became the 2018-2020 Community Health Improvement Plan (CHIP). You can find the 2018 -2020 CHIP at this link, along with the results of the MAPP assessments. Throughout 2018-2020, community coalitions worked towards accomplishing the objectives that are in the plan.

In January 2020, CHIP partners met to review accomplishments to date, and to update goals and strategies that would continue to address the health priorities determined in 2018. The group was in agreement that working towards eliminating disparities and inequities should be included in each CHIP strategy moving forward.

In the months that followed, several events brought to the national spotlight concerns that the MAPP process had already revealed. The coronavirus pandemic hit in March 2020, and has since taken its toll on education, health, and jobs in our region, with people of color and those with limited income especially impacted by the coronavirus. The pandemic confirmed the need to continue to address the health priorities that are in the CHIP, including conditions that impact health, such as housing and transportation; on chronic diseases that increase risk of severe illness from the virus, and to find ways to create resilience in the midst of stress, job loss, and isolation. In late May, the death of George Floyd and the Black Lives Matter movement brought attention to the systemic racism that continues to exist in our communities, state, and country. In July, the City of Lima passed a resolution declaring Racism as a Public Health Crisis. Our local health data affirm that much work needs to be done to reduce these racial inequities. Throughout this time period, CHIP workgroups reviewed and revised the work plans for 2020-2023.

What's different in the 2020-2023 CHIP? While this CHIP continues to address the same health priorities as those in the 2018-2020 plan, some of the strategies have been revised, and a few strategies have been added. And a few strategies have had to be put on hold due to the coronavirus pandemic. The Plan has also been updated to align with many of the 2020-2022 State Health Improvement Plan's priorities and indicators. Also new to this plan, a CHIP scorecard has been developed so that we can monitor progress on the impact our work is having to improve health.

October 2020 is the start date of the implementation of this CHIP. It is a living document; while the workplan is a blueprint for action, it will continue to be adjusted at least annually based on the successes and/or lessons learned.

Allen County is fortunate to have a large group of dedicated community members who will continue to oversee the implementation and evaluation of the CHIP until the next planning cycle commences in 2023.

Allen County Community Health Improvement Plan 2020-2023 Work Plan Summary

Priority Area 1: Substance Use and Mental Health

To **improve mental health and decrease substance use** for youth and adults, the following objectives are recommended:

- 1. Increase the number of students participating in after school programming.
- 2. Provide prevention and early intervention services to 85% of 3rd 12th grade Allen County students.
- 3. Increase by 20% the number of students and family members utilizing the Spartan Health Clinic each year.
- 4. Begin a pilot Employee Assistance Program with a community navigator with at least 10 small businesses, and once established, create a long-term sustainability plan.
- 5. Provide Mental Health First Aid training to employees at 15 unique sessions.
- 6. Reorganize the opioid action hub with scheduled meetings, engaged members, and action items identified.
- 7. Reduce the number of overdose deaths by 5%.
- 8. Increase the usage of free mental health screening tools available on the WeCarePeople.org website by 10% each year.
- 9. Provide at least 5 education sessions to key players re: the availability of Local Outreach of Suicide Survivor (LOSS) Teams and Drug Overdose Survivor Support (DOSS) teams.

Priority Area 2: Chronic Disease Prevention and Health Behavior

To **reduce chronic disease**, and **reduce harmful childhood conditions**, the following objectives are recommended.

To increase access to healthy food:

- 1. Establish a food pantry site in the 5th or 6th Ward of the City of Lima.
- 2. Pilot, implement, and sustain a Green Prescription program within the community that serves at least 100 residents.
- 3. Increase the unique number of residents using SNAP/EBT at local farmer's markets by 10% each year, and increase the average annual sales produced by vendors at the Lima Farmer's market by 5% each year.

To increase active living:

4. Increase or enhance by 6 the number of policies, systems, or environmental changes to support active transportation as recommended in the Allen County Active Transportation Plan.

To reduce tobacco use:

- 5. Provide local cessation services to at least 300 residents.
- 6. Increase by 3 the number of tobacco free city and county parks/public spaces.

7. Decrease the percentage of Allen County youth using vaping products by 2%.

To reduce harmful childhood conditions:

- 8. Increase the medication adherence of children diagnosed by asthma by 5%.
- 9. Increase the number of Allen County children ages 0-2 who are tested for toxic levels of lead by 5%
- 10. Increase the number of children (Mercy and Lima Memorial physician practices) receiving at least 1 annual well-child visit by 5%.

To create environments that support healthy living:

11. Increase by 25% the number of residents participating in Activated Challenges.

Priority Area 3: Maternal and Infant Health

The workplan for this Priority has been put on hold due to the coronavirus pandemic.

Priority Area 4: Housing and Public Transportation

To **improve housing affordability and quality**, the following objectives are recommended:

- 1. Implement 3 recommendations in the City of Lima's plan to address community housing concerns.
- 2. Provide lead hazard removal to 30 homes in the City of Lima.
- 3. Increase the number of affordable housing units available in Allen County by 50%
- 4. Create a data base on local rental properties and those of owners of each rental property (Lima Housing Task Force).

To increase access to public transportation, the following objectives are recommended:

5. Increase the number of passengers able to use RTA's services by 5%.

Vision Statement
"A vibrant environment where health, safety, and overall wellness are
the priority and a place where we value our differences and diversity."

Introduction

In 2018, community partners in Allen County, Ohio, embarked on a process known as Mobilizing for Action through Planning and Partnerships (MAPP); the first MAPP Process took place in 2013. The MAPP framework includes four separate assessments that informed the development of the Community Health Improvement Plan (CHIP). These assessments provided data on disease rates, quality of life issues, morbidity, mortality, the effectiveness of the local health system, and community resources to paint a picture of the health of Allen County. Following these assessments, as part of the MAPP process, a group of community stakeholders convened to define a vision of health for Allen County, review the assessment data, select health priorities based on the health data, and collectively create a plan of action, known as the CHIP. The CHIP is comprehensive and long term, detailing action steps that will be used by agencies, organizations, and individuals as they implement projects, programs, and policies in Allen County.

This Addendum for 2020-2023 is still addressing the priorities identified through the MAPP Process. For more information, please check the 2018-2020 Community Health Improvement Plan. Throughout 2020, workgroups have updated strategies.

The CHIP committee determined that the most pressing priority health outcomes in Allen County continue to be:

- Substance Use and Mental Health
- Chronic Disease Prevention, including Harmful Childhood Conditions (new)
- Maternal and Infant Health (workplan postponed due to pandemic)

In order to improve health in these areas, CHIP partners are in agreement that the following health factors will be addressed:

• Housing & Public Transportation

Equity

Health Equity is achieved when all people in a community have the opportunity to achieve their full health potential regardless of position or circumstances in society

Priorities

The CHIP identifies 3 priority factors and two priority health outcomes that affect the overall well-being of children, families and adults of all ages.

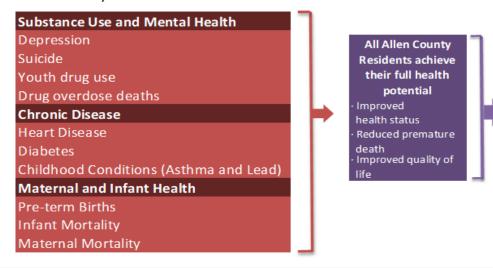
What shapes our health and well-being?

Many factors, remaining focused on 2 CHIP Priority Factors:



How will we know if health is improving in Allen County?

The CHIP is designed to track and improve these 3 CHIP Priority health outcomes:



Vision

Allen County is an environment where health, safety and wellness are a priority and a place where we value our differences and diversity

Strategies

The CHIP includes revised strategies and workplans to be used by community partners to continue to work towards achieving objectives outlined in this plan.

An overview of these priorities, including a summary of the Allen County goals and objectives, is located in the next section of the CHIP.

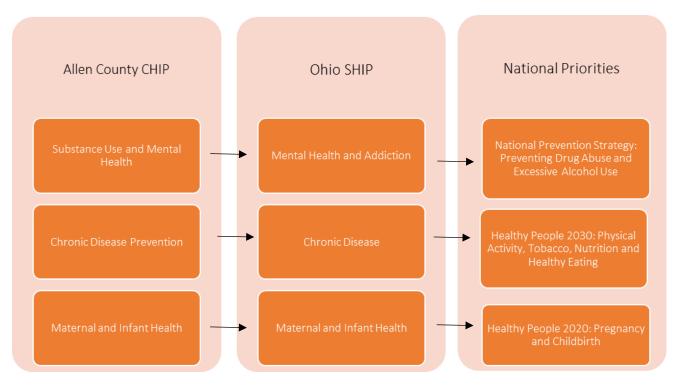


Figure 2: Allen County CHIP alignment with state and national priorities.

Work Plan Updates

Work groups have updated work plans to address the approved health priorities over the next three years. Work groups considered the following when formulating those goals and objectives:

The Health Impact Pyramid: The Health Impact Pyramid describes the effectiveness of different types of public health interventions. Interventions focusing on socioeconomic factors, at the base of the pyramid, have the greatest potential to improve health. Although interventions at the higher levels have less of an impact on health, the likelihood of long-term success is maximized when intervention occurs at all levels.



<u>Policy, System, and Environmental Changes:</u> These are changes in laws, rules, and the environment that impact the health of a community and change the context to make the healthy choice the default

choice. Policy, systems and environmental changes are sustainable and long lasting. In particular, work groups considered policy changes that would most greatly impact vulnerable populations and address the causes of higher risks on those populations.

<u>Evidence Based Public Health Practices:</u> These are tested programs, policies, and interventions that are proven to be most effective in successfully changing behavior. They create sustainable changes to improve health.

The following pages summarize the work plans for each of the priority areas. See Appendix E for the complete work plans.

Priority 1: Substance Use & Mental Health

Substance Use, specifically opiate abuse, and Mental Health, specifically suicide, are major community health issues in Allen County. The stigma associated with both mental health issues and substance use, a lack of accountability to complete treatment, and high turnover among providers contribute to underutilized resources and a treatment system that is not as effective as it could be. We want to see a community where all residents can easily access behavioral health services. Community leaders are engaged in prevention efforts and working together through the Allen County Opiate Action Commission to address many of these issues. As early intervention is the best prevention, this CHIP will focus on leveraging our existing community partnerships to improve access to mental health services for youth, and increase substance use prevention efforts for youth in Allen County.

Why it's important in Allen County:

- Eight percent (8%) of all youth reported that someone had offered, sold, or given them an illegal drug on school property*
- Five percent (5%) of youth used medications that were not prescribed for them or took more than prescribed to feel good or get high at some time in their lives*
- Over one-quarter (27%) of youth reported they felt so sad or hopeless almost every day for two
 weeks or more in a row that they stopped doing some usual activities*
- Youth who experienced 3 or more adverse childhood experiences (ACEs) were more likely to have used marijuana in the past 30 days compared to youth who did not experience any ACEs (26% vs 5%); and were more likely to have seriously attempted suicide in the past 12 months (33% vs 4%).

*Source: 2017 Allen County Health Risk and Community Needs Assessment

Priority 2: Chronic Disease Prevention

Chronic diseases, including cardiovascular disease, diabetes, and obesity, are leading health issues affecting Allen County. Despite there being many activities and coalition work currently happening dedicated to prevention efforts, there is a lack of policies and stakeholder engagement that prohibits the efforts from expanding. We would like to implement policy and environmental changes impacting physical activity, nutrition, and tobacco use among residents to make the healthy choice the easy choice and to improve active transportation options, including public transportation services for Allen County residents. We would like to capitalize on current efforts to further wellness and chronic disease prevention efforts in our community, to institute sustainable policy changes, and to create lasting changes in the lifestyles of Allen County residents.

Why it's important in Allen County:

- Eighteen percent (18%) of adults ate 0 servings of fruits and vegetables per day; 25% for African American adults*
- More than two-thirds (70%) of Allen County adults were either overweight (35%) or obese (35%) by Body Mass Index (BMI)*
- 34% of residents have been diagnosed with high blood pressure*
- Almost one-fifth (18%) of Allen County adults were current smokers,* increasing to 30% of adults with annual incomes less than \$25,000

Vulnerable Population(s) Impacted by CHIP: Low-income residents (food insecure, reduced access to transportation)

*Source: 2017 Allen County Health Risk and Community Needs Assessment

Priority 3: Maternal & Infant Health

Maternal and Infant Health is key to the overall health of a community. Allen County has a variety of community resources available to help pregnant women and infants live the healthiest lives possible. Despite these resources, too few pregnant women access early, consistent prenatal care and parenting education. This has a multitude of implications, including increased risk of infant mortality. We want to see healthy women delivering full term, healthy weight infants that thrive through their first birthday. To this end, we will leverage resources to increase collaboration and improve linkages for needed care and education.

Why it's important in Allen County:

During their last pregnancy, Allen County women experienced the following:

- o Got a prenatal appointment in the first 3 months (57%)*,
- Took a multi-vitamin with folic acid during pregnancy (49%)*,
- Received WIC benefits (19%)*,
- Smoked cigarettes (10%)*,
- Used opioids (1%)*
- Only 4% of African American infants slept in a crib or bassinette without bumper pads, blankets or stuffed animals, compared to 60% of infants overall.

Priority 4: Housing & Public Transportation

Substandard housing and reduced access to public transportation are major public health issues in Allen County. Poor housing conditions are associated with many health problems, including asthma, lead poisoning, and injury; reduced access to public transportation affects quality of life, including the ability to access jobs, education, and medical care. We want to promote safe, accessible, appropriate, and affordable housing to sustain healthy and vibrant residents and neighborhoods, and to assure that people needing public transportation services have access to them. To this end, we will capitalize on community organizations and partnerships to increase the community's investment in housing stock and public transportation.

Why it's important in Allen County:

- The Community Themes and Strengths Assessment noted that poor quality housing was considered a major health issue, and that complex regulatory systems prevent significant action on improving housing.
- 15% of households reported having at least one of the following problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities
- African American adults were more likely to have spent 50% or more of their household income on housing (45% compared to 14% of the rest of Allen County).
- African American adults were more likely to have transportation issues (37% compared to 6% of the rest of the county).

^{*}Source: 2017 Allen County Health Risk and Community Needs Assessment

^{*}Source: 2017 Allen County Health Risk and Community Needs Assessment

Next Steps and Call to Action

ACPH and AAC will continue to monitor the CHIP on a regular basis over the next three years. The work plans located in Appendix E includes the agencies and individuals responsible for implementing each of the objectives outlined in this CHIP. AAC will collect quarterly updates from each responsible party in order to gauge the progress of the CHIP. Goals and objectives will be monitored to assure that timeframe targets are being met. To allow the CHIP to evolve with the community, goals and objectives will be adjusted or amended if needed. AAC will publicly release an annual update, highlighting the success of the CHIP and providing any information about major changes that have been made.

This CHIP represents the work of a dedicated group of community representatives. If you or your agency are interested in becoming involved with CHIP initiatives and community health improvement planning in Allen County, please contact:

Josh Unterbrink, Activate Allen County junterbrink@activateallentcounty.com

Kayla Monfort, Activate Allen County kmonfort@activateallencounty.com

Monica Harnish, Allen County Public Health mharnish@allenhealthdept.org

Appendix A: List of Key Terms

AAC - Activate Allen County

ACPH – Allen County Public Health

CHA – Community Health Assessment; the collection, analysis, and distribution of information on the health status and health needs of the community, including statistics on health status, community health needs/gaps/problems, and assets.

CHIP – Community Health Improvement Plan; a long-term and systematic plan to address health priorities that were drafted as a result of the CHA.

MAPP – Mobilizing for Action through Planning and Partnerships; a community-driven strategic planning process for improving community health.

EBPHP – Evidence Based Public Health Practice; the implementation, and evaluation of effective programs and policies in public health through application of principles of scientific reasoning, including systematic uses of data and information systems, and appropriate use of behavioral science theory and program planning models.

HIP – Health Impact Pyramid; An organization of health interventions that places greater public value on interventions that impact socioeconomic factors, and less public value on individual education.

HiAP – Health in All Policies; a collaborative approach to improving the health of a community by incorporating health, sustainability, and equity considerations into decision-making across sectors and policy areas.

HP2020 – Healthy People 2020; the federal government's prevention agenda that is updated every 10 years.

National Prevention Strategy – From the office of the Surgeon General, lays out a prevention-oriented society where communities work together to achieve better health for all Americans.

ODH – Ohio Department of Health

OSU CPHP – The Ohio State University Center for Public Health Practice

SHIP – State Health Improvement Plan; a CHIP completed at the State level.

Appendix B: List of Community Partners

John Snyder	Executive Director, Activate Allen County; Professor, School of Health and Rehab. Sciences, College of Medicine, OSU Lima	Activate Allen County
Josh Unterbrink	Coordinator	Activate Allen County
Kayla Monfort	Coordinator	Activate Allen County
Beth Siebert	County Commissioner	Allen County Commissioners
Kathy Luhn	Health Commissioner	Allen County Public Health
Deb Roberts	Director of Nursing	Allen County Public Health
Brian Nartker	Director of Environmental Health	Allen County Public Health
Monica Harnish	Director, Health Planning Services; Accreditation Coordinator	Allen County Public Health
Shelly Miller	Coordinator, Creating Healthy Communities Program	Allen County Public Health
Tami Gough	Director, Prevention and Health Promotion Services	Allen County Public Health
Becky Brooks	Epidemiologist	Allen County Public Health
Keisha Drake	Executive Director	Bradfield Community Center
David Berger	Mayor	City of Lima
Sharetta Smith	Chief of Staff	City of Lima
Susan Crotty	Director, Community Development	City of Lima
Health Partners link?	Chief Population Health Officer	Health Partners of Western Ohio

lad Matagar	President	Lima Allen County Chamber of	
Jed Metzger	President	Commerce	
Shane Coleman	Executive Director	Lima Allen County Regional	
Sharie Coleman	LACCULIVE DIFECTOR	Planning Commission	
Jeff Utz	Director, Lima Memorial	Lima Memorial Health Systems	
Jen Otz	Physicians	Lina Wemonai Health Systems	
		Mental Health and Recovery	
Tammie Colon	Executive Director	Services Board of Allen,	
		Auglaize and Hardin Counties	
Amy Marcum	Chief Mission Officer, Great	Mercy Health	
Any iviarcum	Lakes Group	ivicity fieatti	
Tyler Smith	Manager, Community Health	Mercy Health, St. Rita's	
Tyler Simili	ivialiagel, community fleath	Medical Center	
Derek Stemen	President	United Way of Greater Lima	
	Coordinator	West Central Ohio Health	
Nell Lester	Coordinator	Ministries Program	
Robin Johnson	Executive Director	West Central Ohio Regional	
RODIII JOIIIISOII	Executive Director	Healthcare Alliance	
Jane Wood	President	Bluffton University	
Jane Wood	Fiesidelit		
Jackie Fox	CEO	West Ohio Community Action	
Jackie FUX	CLO	Partnership	

Appendix E: Work Plans

Appendix E: Work Plans

Priority # 1: Substance Use/Mental Health

Substance Use, specifically opioid abuse, and Mental Health, specifically suicide, are major community health issues in Allen County. The stigma associated with both mental health issues and substance use, a lack of accountability to complete treatment, and high turnover among providers contribute to underutilized resources and a treatment system that is not as effective as it could be. We want to see a community where all residents can easily access behavioral health services. Community leaders are engaged in prevention efforts and working together through the Allen County Opioid Action Commission to address many of these issues. As primary intervention is the best prevention, this CHIP will focus on leveraging our existing community partnerships to improve access to mental health services for youth, and increase substance use prevention efforts for youth in Allen County.

in Allen County.	
Health Outcome Measures	Number of adult suicide /100,000* (State Health Improvement Plan Indicator)
Wedsures	Unintentional drug overdose deaths/100,000* (SHIP Indicator)
	Allen County Youth who felt sad or hopeless almost every day for 2 or more weeks in a row (6 th -12 th)**- 27%
	Allen County Youth who have attempted suicide in the last year (6 th -12 th)**- 7%
	Allen County Youth who seriously considered attempting suicide in the last year (6 th -12 th)**- 15%
	*ODH Data Warehouse **2017 Allen County Health Risk and Community Needs Assessment
Plan for learning from those in priority communities	Community Conversations
Objectives that address policy change	Drug Free Workplace Policies, EAP Programs, Second Chance Policy/Programs
Alignment with the State Health Improvement Plan (2020-2022)	Mental Health and Addiction; Suicide, Drug dependency/abuse
Alignment with National Priorities	National Prevention Strategy: <u>Preventing Drug Abuse and Excessive</u> <u>Alcohol Use</u> ; <u>Mental and Emotional Well-being</u>

Goal 1.1: Increase mental health wellness and decrease substance use among middle and high school students in Allen County schools

Key Measure: Graduation rates

Baseline: 85% - Ohio Department of Education, 2017-2018

Chronic Absenteeism

Partners	Mental Health and Recovery Services Board, City of Lima, Health Partners of Western Ohio, PASS
Priority population group for advancing health equity	Youth
Evidence Based Strategy, source	PASS programs are evidenced based After school programs are evidenced based

	Measure	Timeframe	Lead
Objective 1.1.1: By September 2023,	Baseline: 45	Start: Sept 2020	Sharetta
increase the number of students participating		End: Sept 2023	Smith
(attending 75% of days) in after-school	Target:		City of Lima
programing by 10% each year.	2021- 50		
	2022- 55		Youth
	2023- 61		Commission

Action Steps:

- 1. Work with the Youth Commission on program details, locations and curriculum
- 2. Enroll students in the program
- 3. Evaluate the program
- 4. Modify and expand after school programming as able

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.1.2: By September 2023, provide	Baseline: 0%	Start: January	Tammie
prevention and early intervention services to		2021	Colon,
85% of 3 rd -12 th grade Allen County students.	Target: 85%	End: September	MHRSB
		2023	
			Rick Skiliter,
			PASS

- 1. Identify tools to use in both prevention and intervention
- 2. Approach curriculum committee to program usage
- 3. Work with school district to plan both in person and virtual education sessions using approved resources and programs
- 4. Expand to other Allen County school districts

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.1.3: By September 2023, increase the number of students and family members utilizing the Spartan Health Clinic by 20% each year.	Baseline: 1100 students 145 family members	Start: Sept 2020 End: Sept 2023	Health Partners of Western Ohio
	Target: 2021 +249 2022 +298 2023 +358		

- 1. Promote the clinic to students and family members
- 2. Promote specific services to targeted populations
- 3. Explore the need for a media campaign
- 4. Track usage of both students and family members in the clinic
- 5. Evaluate the success of the clinic and make modifications as needed

Status:	Date	Update

Goal 1.2: Increase access to behavioral health services within our workforce.

Key Measure: Adult Stress/Anxiety/Depression Rates

Baseline: Allen County adults indicated the following caused them anxiety, stress or depression:

Job stress (33%),

Other sources of stress include financial stress (31%), death of close family member or friend (20%), marital/dating relationship (17%), poverty/no money (14%), sick family member (11%), other stress at home (11%), fighting at home (8%), family member with mental illness (8%), unemployment (6%), caring for a parent (6%), divorce/separation (4%), not feeling safe in the community (3%), not feeling safe at home (2%), not having enough to eat (2%), not having a place to live (1%), sexual orientation (1%), and other causes (12%).

On a typical day, adults rated their stress level as very low (26%), low (29%), moderate (36%), high (8%), and very high (1%).

Partners	Mental Health and Recovery Services Board, Chamber of Commerce,
	Activate Allen County, PASS, Working Partners

Priority population	Small Businesses, Underinsured population
group for advancing	
health equity	
Evidence Based	EAP program, workplace navigation systems
Strategies, source	

	Measure	Timeframe	Lead
Objective 1.2.1: By September 2021, begin a	Baseline: 0	Start: Sept 2020	MHRSB
pilot of an Employee Assistance Program with a	program	End: Sept 2021	AAC
community navigator included with at least 10 small businesses.	Target: 1 program		
	Total Employees:		
	# of workplaces:		

- 1. Convene a group with partners and stakeholders to discuss the pilot and how to best work together (this includes: BWC, MHRSB, Chamber, AAC, Working Partners, ENI)
- 2. Determine which EAP to partner with
- 3. Compile a list of potential small business partners
- 4. Complete package materials and marketing plan and approach for businesses
- 5. Market the EAP/Navigator program to target workplaces
- 6. Collect data and monitor successes

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.2.2: By September 2023, create a long-term sustainability plan for the EAP with a Community Navigator program.	Baseline: 0 plan	Start: Sept 2020	MHRSB
	Target: 1 plan	End: Sept 2023	AAC

- 1. Complete steps listed in previous goal
- 2. Convene stakeholder group to discuss long term feasibility
- 3. Work with businesses and EAP to determine price point and data to share with the businesses
- 4. Determine how workplaces can make the pilot program fit into their long term business plan
- 5. Collect data and monitor successes

Status:	Date	Update

Objective 1.2.3: By September 2023, provide	Baseline: 0	Start: Sept 2020	MHRSB
Mental Health First Aid training to employees	Target: 15	End: Sept 2023	PASS
at 15 unique sessions.			
	Number of Allen		
	County employees		
	served:		

- 1. Create target list of high-risk workplaces
- 2. Contact workplaces concerning the training
- 3. Schedule trainings to fit workplace needs
- 4. Promote trainings and register participants
- 5. Evaluate the program and note successes

Status:	Date	Update

Goal 1.3: Decrease suicide and overdose deaths among Allen County residents			
Partners	Mental Health Recovery Services Board, City of Lima, Lima Memorial Health System, Mercy Health		
Priority population group for advancing health equity	Adults 25-34 years old		
Evidence Based Strategies, source	Mental Health Screening tools and questions		

	Measure	Timeframe	Lead
Objective 1.3.1: By September 2021, reorganize the opioid action hub with scheduled meetings, engaged members and action items identified.	Baseline: Stagnant committee Target: Committee relaunched	Start: Sept 2020 End: Sept 2021	MHRSB

- 1. Re-engage past members and set initial meeting date
- 2. Re-establish the commission as a member committee of Activate Allen County
- 3. Set regular meetings, at least quarterly
- 4. Determine the group's mission, goals and action items needed to reach goals

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.3.2: By September 2023, de the number of drug overdose deaths* be *number of deaths due to unintentional drug overdose per 100,000	y 5%. Target:	Start: Oct. 2020 End: Sept. 2023	

- 1. Determine baseline.
- 2. Opioid Action Commission will create strategy steps.
- 3. Increase partners who distribute Narcan in the community
- 4. Track overdose death rate in the county.

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.3.3: By September 2023, increase the usage of free Mental Health Screening	Baseline: 40	Start: Sept 2020 End: Sept 2023	MHRSB
Tools on the WeCarePeople.org website by 10% each year.	Target: 2021- 44 2022- 50 2023- 60	·	

- 1. Create a promotion/marketing plan
- 2. Educate the community on the availability of the tool
- 3. Evaluate and record usage

Status:	Date	Update

	Measure	Timeframe	Lead
Objective 1.3.4: By September 2023, provide	Baseline: 0	Start: Sept 2020	MHRSB
at least 5 education sessions to key players around the availability of the LOSS and DOSS teams in the community along with referral information.	Target: 5 LOSS Referrals: DOSS Referrals:	End: Sept 2023	PASS City of Lima

- 1. Determine list of key players/stakeholders in which education is needed
- 2. Partner with the City of Lima and local hospitals and agencies to schedule education sessions
- 3. Work with law enforcement and necessary partners to increase referrals
- 4. Conduct scheduled education sessions and provide materials on the program and how to engage the teams with a referral
- 5. Evaluate and record usage of both teams and education sessions completed

Status:	Date	Update

Priority # 2: Chronic diseases, including cardiovascular disease, diabetes, and obesity, are leading health issues affecting Allen County. Despite there being many activities and coalition work currently happening dedicated to prevention efforts, there is a lack of policies and stakeholder engagement that prohibits the efforts expanding. We would like to implement policy and environmental changes impacting physical activity, nutrition, and tobacco use among residents to make the healthy choice the easy choice and to improve active transportation, including public transportation, options among Allen County residents. We would like to capitalize on current efforts to further wellness and chronic disease prevention efforts in our community to institute sustainable policy changes to creating lasting changes in the lifestyles of Allen County residents.

Health Outcome	Baseline measures:
Measures	Heart Disease – age-adjusted death rate, adults* (SHIP Indicator)
	Male Heart Disease – age adjusted death rate* (SHIP Indicator)
	Minority Death Rate
	<u>Diabetes</u> - percent of adults diagnosed with diabetes**- (SHIP Indicator)
	13%, Diabetes – adults diagnosed with diabetes and less than \$25,000
	annual income** – 19%
	Adults obese**- 35%
	Adults diagnosed with high blood pressure **- 34%
	Adults who have had a heart attack**- 5%
	*ODH Data Warehouse
	**2017 Allen County Health Risk and Community Needs Assessment
Plan for learning from	Community Conversations
those in priority	Farmers' Market survey
community	Resident input for food pantry
Objectives that address	Tobacco Free Parks
policy change	Safe Routes to School
Alignment with the State	Strategies that support fruit and vegetable initiatives
Health Improvement	Active transportation and land use policies (built environment changes)
Plan (2020-2023)	Smoke free policies, tobacco cessation access
Alignment with National	Healthy People 2030 – heart disease and stroke, health behaviors
Priorities	

Goal 2.1: Improve food equity and access to healthy foods

Key Measures:

Adults reporting eating less than 1 vegetable serving per day- 53%,

Adults reporting no fruit consumption in past 7 days- 18%, up to 25% of African Americans Youth reporting no fruit consumption in the past 7 days (SHIP)

Youth reporting no vegetable consumption in the past 7 days (SHIP)

Youth reporting no vegetable or fruit consumption in the last 7 days (6th-12th)- 7% (2017 CHA)

(2017 Allen County Community Health Risk and Community Needs Assessment)

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Partners	Allen County Public Health, Activate Allen County, Mercy Health, Lima Memorial Health System, West Ohio Food Bank, Lima/Allen County Chamber of Commerce, Allen Bike and Pedestrian Task Force, City of Lima
Priority population for advancing health equity	Low Income, Food Insecure (Hunger Vital Signs Screening)
Evidence Based Strategies	Green Prescriptions, Produce Perks

Objective 2.1.1:	Measure	Timeframe	Lead
By September 2023, identify a location and implement a food	Baseline: No pantry available	Start: January 2021 End: September	Shelly Miller, Allen County Public Health
pantry site in the 5 th or 6 th Ward of the City of Lima.	Goal: 1 pantry open	2023	

- 1. Meet with stakeholders
- 2. Convene a group of residents through a neighborhood association or another source
- 3. Determine possible sites for the pantry
- 4. Develop protocols for stocking and distribution of food items
- 5. Marketing
- 6. Grand Opening

Status:	Date	Update

Objective 2.1.2:	Measure	Timeframe	Lead
		Start: Sept 2020	Mercy Health,
By September 2023, implement,	Baseline: 0 Green Rx	End: Sept 2023	Activate Allen
pilot and sustain a Green	program		County, West

Prescription program within the		Ohio Food
community that serves at least	Goal: 1 Green Rx program	Bank
100 residents.		
	Community Residents	
	Served:	

- 1. Meet with Mercy Health Family Medicine interns to facilitate program as a part of their work.
- 2. Consider how to pilot program
- 3. Determine location for pilot program
- 4. Coordinate with the West Ohio Food Bank for referrals
- 5. Evaluate for success
- 6. Modify and expand program throughout Mercy and community as needed and able
- 7. Consider the long-term sustainability of the Green Rx program

Status:	Date	Update

Objective 2.1.3:	Measure	Timeframe	Lead
By September 2023, increase the unique number of residents using SNAP/EBT at local farmer's markets by 10% each year.	Baseline: 40 residents Goal: 2021- 44 residents 2022- 49 residents 2023- 55 residents	Start: Oct. 2020 End: Sept. 2023	Jennifer Fickle, Downtown Lima Farmers' Market Chamber of Commerce

- 1. Track number of people using this service each week and record
- 2. Promote SNAP/EBT availability to all community residents and local agencies
- 3. Evaluate for success
- 4. Recruit other FMs in Allen County to provide SNAP/EBT at their markets
- 5. Track number of community members using SNAP/EBT at county markets each season

Status:	Date	Update

Objective 2.1.4:	Measure	Timeframe	Lead
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		Start: Oct. 2020	Jennifer
By September 2023, increase the	Baseline: TBD	End: Sept. 2023	Fickle,
average annual sales produced			Downtown
by the vendors at the Downtown	Goal: (Determined by		Lima Farmers'
Lima Farmer's Market by 5%	Baseline)		Market
each year.	2021:		
	2022:		Chamber of
	2023:		Commerce

- 1. Obtain baseline at the end of the 2020 season
- 2. Determine avenues to achieve higher attendance and sales
- 3. Contact agencies to discuss the importance of the market
- 4. Determine a strategy to increase farmers market participation within the agency/referrals
- 5. Adjust media/marketing strategy as needed throughout the community
- 6. Track sales at the market

Status:	Date	Update

Goal 2.2: Increase active transportation and active living Outcome measure: % of adults, 18 and older, who reported no leisure time activity during the last 30 days (SHIP) Baseline: 26% (2017) Source: 2017 Allen County Community Health Risk and Community Assessment				
Partners	Lima Al Park Di Board,	ounty Bike and Pedestrian Task len County Regional Planning Co strict, City of Lima, Lima Literaco Wheelhouse Bicycle Ministry, n ted community members	ommission, Johnny y Council, Bluffton I	Pathways
Priority population for advancing health equity Evidence Based Strategies, and source	opulation for ghealth equity Based Transportation system interventions to increase street connectivity,			
Objective 2.2.1:		Measures	Timeframe	Lead
By June 30, 2023, increase or enhance by 6 the number of policies, systems, or environmental changes to support active transportation as recommended in the Allen		Goals: Policy Changes • At least 2 policies adopted supporting active transportation (e.g. complete streets,	Start: Oct. 2020 End: Sept. 2023	Allen County Bike and Pedestrian Task Force

County Active Transportation	adopted ADA transition
Plan.	plans)
	Systems Changes
	At least 1 systems
	change implemented
	(e.g. system for
	updating and sharing
	county-wide bike and
	pedestrian map)
	2 bike friendly
	communities
	Environmental Changes
	1.5 miles of pedestrian
	infrastructure added or
	improved (wider
	sidewalks)
	3 miles of bicycle
	infrastructure added
	3 other infrastructure
	improvements (bike
	racks, bump outs)

- 1. Achieve Bike Friendly Community designations
 Apply for the Bike Friendly Community Award (Lima and Bluffton)
- 2. Engineering Create Safe and Convenient Places to Walk, Ride and Park
 - a. Increase the number of schools that implement a Safe Routes to School Program School Travel Plan. Baseline: 6; Target 9
 - b. Increase pedestrian infrastructure by .5 miles per year, or 1.5 miles
 - c. Increase bicycle infrastructure by 1 mile per year
 - d. Increase other bike and pedestrian infrastructure improvements by at least 10 (such as bike racks)
 - e. Adopt one new Complete Streets policy in an Allen County jurisdiction
 - f. Implement a bike or pedestrian demonstration project
- 3. Encouragement Create a Strong Culture that Welcomes and Celebrates Walking and Biking
 - a. Promote the Ride with the Ranger program
 - b. Promote other community programs that encourage walking and/or biking

4. Education

a. At least annually, update and share an online and/or print bike and pedestrian map for Allen County

5. Evaluation

- a. At least annually, conduct bike and pedestrian counts
- b. Annually, conduct a road safety audit in a bike or pedestrian high crash area
- 6. Equity: Create a more accessible community through the development of interconnected pedestrian and bicycle facilities

- a. ADA Transition Plan adoption or ADA accessibility
- 7. Engagement
- a. Develop a process to obtain feedback and/or representation from priority communities
- b. Annual, provide a report on progress to the community

Status:	Date	Update

Goal 2.3: Reduce tobacco use in Allen County

Key Measure(s): Adult tobacco use, youth exposed to second hand smoke, low income adults who smoke, e-cigarette use:

Adult smoking – percent of adults, ages 18 and older that are current smokers- 18% (SHIP)

Youth who smoked e-cigarettes in the past year (2017) – 9%

Youth exposed to second hand smoke- 56%,

Adults who smoke with income over \$25,000 annually- 14%,

Adult who smoke with income less than \$25,000 annually- 30%

(all measures based on 2017 Allen County Community Health Assessment)

Future health assessments will measure high school students who have used cigarettes, smokeless tobacco cigars, pipe tobacco, hookah, bidis, e-cigarettes, or other vaping products during the past 30 days- (SHIP indicator)

Partners	Mercy Health, Activate Allen County Executive Council, City of Lima, Lima Memorial Health System, WOCAP, Health Partners of Western Ohio, Allen County Public Health, Ohio Northern University, PASS
Priority population for	Children/Youth
advancing health equity	Adults with a focus on those living in lower income due to large number of smokers with an income less than \$25,000
Evidence Based Strategies and source	Cessation service program model, Tobacco Policy creation

Objective 2.3.1:	Measure	Timeframe	Lead
By September 2023, provide local	Baseline: 0	Start: Oct. 2020	Mercy Health
cessation services to at least 300 residents.	residents	End: Sept. 2023	Activate Allen County
	Goal: 300		Ohio Northern University
	Quit Rate for 3 months:		·

Quite Rate for 6	
months:	

- 1. Form a partner group to monitor and evaluate the program
- 2. Promote tobacco cessation program to the community
- 3. Educate families around the harm to children from second hand smoke exposure and refer them to the program
- 4. Evaluate program for success based on quit rates, physician referrals, etc.
- 5. Determine need for program expansion
- 6. Plan for long term sustainability and needs of the program

Date	Update

Objective 2.3.2:	Measure	Timeframe	Lead
By September 2023, increase the number of tobacco free city and county parks and public spaces by 3 unique areas.	Baseline: 0 Target: 3	Start: Oct. 2020 End: Sept. 2023	Activate Allen County Executive Council City of Lima

Action Steps:

- 1. Research and develop a plan to approach stakeholders and council members concerning tobacco free parks and public spaces
 - 2. Schedule meetings with appropriate officials (including park officials) to discuss policy
 - 3. Establish a plan to roll out tobacco free parks and public spaces
 - 4. Encourage Activate Allen County Executive Council to advocate for tobacco free parks
 - 5. Educate community residents concerning tobacco free parks and public spaces
 - 6. Promote and celebrate successes of all policy change around tobacco free parks and public spaces

Objective 2.3.3:	Measure	Timeframe	Lead
By September 2023, decrease the number of Allen County youth using vaping products by 2%.	Baseline: 9% Target: 7% Number of students participating in the I Mind Program:	Start: Oct. 2020 End: Sept. 2023	PASS Mercy Health

- 1. Determine groups providing education to at risk youth around vaping risks
- 2. Track student participation in above programs
- 3. Conduct social media and other community wide campaigns aimed to decrease vaping use
- 4. Evaluate for success

Status:	Date	Update

Objective 2.4.1:	Measure	Timeframe	Lead
By September 2023, increase the medication adherence of children ages 5-17 diagnosed with asthma by 5%	Baseline: 71% Target:	Start: Oct. 2020 End: Sept. 2023	Lima Memorial Health System Mercy Health WOCAP Head start

Action Steps:

and source

- 1. Determine baseline
- 2. Determine an appropriate goal for September 2023
- 3. Convene a group of stakeholders to form a community action plan to meet goal
- 4. Execute plan
- 5. Track data and evaluate for success

Status:	Date	Update	
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Objective 2.4.2	Measure	Timeframe	Lead
By September 2023, increase the number of Allen County children younger than age 2 who are tested for toxic levels of lead by 5%	Baseline: 211 (2020 year to date) Goal: TBD	Start: Oct. 2020 End: Sept. 2023	LMH Mercy Health Health Partners WOCAP Head
			Start

1.

Date	Update

Objective 2.4.3	Measure	Timeframe	Lead
By September 2023, increase the	Baseline: LMH –	Start: Oct. 2020	LMH
number of Allen County children 15 months and younger receiving at least 1 well-child visit at Mercy and Lima Memorial's physician practices by 5%	58% Mercy Health St. Rita's -	End: Sept. 2023	Mercy Health Health Partners
	Goal: LMH – 63% Mercy Health St. Rita's -		

Action Steps:

1.

Date	Update

Goal 2.5: Chronic Disease Cross Cutting

Key Measure(s): Activate Allen County program participation

Adults that are obese- 35%

Adults diagnosed with high blood pressure- 34%

Adults that have had a heart attack- 5%

(2017 Allen County Community Health Risk and Community Needs Assessment)

Partners	Activate Allen County
Priority population for	Youth, low income
advancing health equity	
Evidence Based	Policy change within Activated Challenges
Strategies	

Objective 2.5.1	Measure	Timeframe	Lead
By September 2023, increase by 25% the number of residents participating in Activated Challenges	Baseline: 27 workplaces, 17 schools, 3 neighborhoods Target: 58 total	Start: Oct. 2020 End: Sept. 2023	Activate Allen County

Activated Business Challenge

- 1. Continue to recruit workplaces to join the challenge with the assistance of the Workplace Wellness Collaborative
- 2. Assess workplace applications and provide technical assistance for improvement
- 3. Celebrate successes of new workplaces joining the challenge with twice a year ceremony
- 4. Evaluate and modify challenge as needed to meet the needs of the community and employers

Activated School Challenge

- 1. Recruit schools to participate in the challenge
- 2. Provide technical assistance for schools to create feasible action plans
- 3. Evaluate plans for funding with established core group, including St. Rita's as the funder
- 4. Implement approved plans at schools
- 5. Celebrate successes
- 6. Evaluate and modify challenge as needed to meet the needs of funders and schools

Activated Childcare Challenge

- 1. Create application and guidelines for the challenged based off of current Activated School Challenge, previous childcare challenge and evidenced based resources
- 2. Recruit childcare facilities to apply
- 3. Provide technical assistance for childcare facilities to create feasible action plans
- 4. Evaluate plans for funding with established core group, including Paramount as the funder
- 5. Celebrate successes
- 6. Evaluate and modify challenge as needed to meet the needs of funders and childcare facilities

Activated Neighborhood Challenge

1. Create application and guidelines for the challenged based off of evidenced based resources, model communities and local needs

- 2. Recruit neighborhood partners/residents to apply
- 3. Provide technical assistance for neighborhoods to create feasible action plans
- 4. Evaluate plans for funding with established core group, including Paramount as the funder and LACNIP as a main partner in monitoring projects
- 5. Celebrate successes
- 6. Evaluate and modify challenge as needed to meet the needs of funders and community residents

Status:	Date	Update

NOTE: The Maternal and Infant Health workplan has been placed on hold due to the coronavirus pandemic.

Priority # 3: Maternal and Infant Health is key to the overall health of a community. Allen County has a variety of community resources available to help pregnant women and infants live the healthiest lives possible. This has a multitude of implications, including increased risk of infant mortality. We want to see healthy women delivering full term, healthy weight infants that thrive to their first birthday. To this end, we will leverage resources to increase collaboration and improve linkages between women and infants and needed care and education. Health Outcome Preterm birth (SHIP Indicator) Measures Infant mortality (SHIP Indicator) Infant mortality black (SHIP Indicator) Source: Ohio Public Health Data Warehouse Plan for learning from (On hold) those in priority community Objectives that address N/A policy change Alignment with the Maternal and Infant Health State Health Early childhood home visiting programs Improvement Plan (2020-2022)Alignment with National Healthy People 2020: Maternal and Infant Health (MICH-1, MICH-10) **Priorities**

Priority # 4: Housing and Public Transportation

Substandard housing is a major public health issue in Allen County. Poor housing conditions are associated with many health problems, including asthma, lead poisoning, and injury. We want to promote safe, accessible, appropriate, and affordable housing to sustain healthy and vibrant residents and neighborhoods. To this end, we will capitalize on community organizations and partnerships to increase the community's investment in housing stock.

Access to public transportation is a public health issue in Allen County. Reduced access to public transportation affects quality of life, including the ability to access jobs, education, and medical care. We want to assure that people needing public transportation services have access to them. To this end, we will capitalize on community organizations and partnerships to increase the community's investment in public transportation

Health Outcome Indicator	Along with key measures listed below, Activate Allen County will begin tracking Chronic Absenteeism : The percent of students, grades K-12, who are absent 2 days per month for 9 months. This is a cross-cutting			
Chronic Absenteeism	indicator that is influenced by many factors in all priority areas, including mental health, asthma management (chronic disease), and housing.			
	Chronic absenteeism can hinder academic success and is an early warning sign of dropout from high school. Lower educational attainment is linked to many negative health outcomes, including diabetes, depression, and overall health status.			
	In 2019, the percentage of children in Allen County who were chronical absent were:			
	Overall – 9.0%			
	Black – 28.8%			
	Hispanic – 18.6%			
	Children with disabilities – 22.8% Economically disadvantaged – 21.7%			
Plan for learning from	Community Conversations, Community Forums and Listening Sessions			
those in priority community	Community Conversations, Community Forums and Eisterning Sessions			
Objectives that address policy change	Housing Plan/Recommendations has some areas that address policy change			
Alignment with the State	SHIP: Housing affordability and quality			
Health Improvement	Ohio Housing Finance Agency			
Plan (2020-2022)				
	The SHIP notes that factors such as Public Transportation, health			
	behaviors, and access to healthcare are all factors that influence health			
Alignment with National	HUD Strategic Plan (2018-2022): Remove Lead-based paint hazards and			
Priorities	other health risks from homes			
	Access to Public Transportation			

Goal 4.1: Improve housing affordability and quality

Key Measure(s): Number of affordable and available units per 100 renters with incomes below 50% of area median income, as compiled by OHFA –68 units (2017) (SHIP Indicator)

Partners	City of Lima, Housing Consortium, WOCAP, Mercy Health, Allen County Public Health, Activate Allen County, WCRQRH
Priority population for advancing health equity	Low-Income, Homeless/Home Insecure
Evidence Based Strategies	Removal of lead-based paint hazards

Objective 4.1.1:	Measure	Timeframe	Lead
By September 2023, implement 3 recommendations in the City of Lima's plan addressing community housing concerns.	Baseline: 0 recommendations implemented Target: 3 recommendations implemented	Start: Jan 2021 End: September 2023	City of Lima Housing Consortium

- 1. Review all recommendations that were provided to the City of Lima around housing (available on the City's website)
- 2. Convene a group to review feasibility and impact of the recommendations (consider Housing Consortium or Housing Consortium steering committee)
- 3. Rank recommendations based on feasibility, community readiness, city's 5-year plan and impact
- 4. Complete plan of action to work on and complete 3 recommendations

Status:	Date	Update

Objective 4.1.2:	Measure	Timeframe	Lead
By September 2023, provide lead hazard removal to 30 homes in the City of Lima.	Baseline: 0 Target: 30	Start: Oct. 2020 End: Sept. 2023	City of Lima WOCAP

Action	Ste	ps:
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- 1. Determine homes that will be provided this service based on the timeline and funds available
- 2. Work with partners to complete the lead hazard removal and document progress
- 3. Tell the story of this work to the community through media partners and via the City of Lima's plan of communication

Status:	Date	Update		

Objective 4.1.3	Measure	Timeframe	Lead
By September 2023, increase the number of affordable housing units available in Allen County by 50%.	Baseline: 178 units Target: 267	Start: Oct. 2020 End: Sept. 2023	WOCAP Lima Housing Task Force

- 1. Determine plan for affordable housing builds into the future
- 2. Track number of units being built

Date	Update

Objective 4.1.4	Measure	Timeframe	Lead
By September 2023, the Lima Housing Task Force will create a data base on local rental properties and those owners of each rental property.	Baseline: No data base/ tracking system Target: 1 database	Start: Jan 2021 End: Sept 2023	Lima Housing Task Force City of Lima

- 1. Bring task force members together
- 2. Determine how to go about creating a database system
- 3. Work with tenants and community partners to create a tracking system
- 4. Determine what other work that the Lima Housing Task Force should address in the coming months and years

Status:	Date	Update

Goal 4.2: Increase access to public transportation					
Key Measure: Ridership or			rity (RTA) Fixed Ro	ute system	
Data Source: Allen County	RTA Reporting Data				
Partners	Regional Transit Au Commission	uthority, Lima Allen Co	ounty Regional Pla	nning	
Priority population for advancing health equity	Low income				
Evidence Based Strategies	Public <u>Transportati</u> emissions	on Systems can increa	ase physical activity	and reduce	

Objective 4.2.1:	Measure	Timeframe	Lead
By September 2023, increase the number of	Baseline: Current	Start: Oct. 2020	Allen
passengers able to use RTAs services by 5%.	Passengers (TBD)	End: Sept. 2023	County
			Regional
	Target: Increase		Transit
	5%		Authority
			and Lima
			Allen
			County
			Regional
			Planning

- Develop strategies to support and expand public transportation services.
- The RTA will work with local governments to improve pedestrian access to the fixed route system.
- Meet with officials in various Villages and Towns in Allen County to find out the need and what RTA can do to make Public Transportation accessible in their location
- Expand Eastgate route to meet the needs of students at Rhodes to access the downtown campus

Status:	