



# Consider the risk of the activities you choose this Thanksgiving



It is important to use caution and plan ahead for Thanksgiving festivities during the COVID-19 pandemic. Keep in mind that the more people interact at a gathering, the closer together people are, and the longer the interaction lasts, the higher the risk of spread. Decisions on whether to hold and/or participate in activities should be made by local communities, individuals, and parents/guardians.

**Some traditional fall and Thanksgiving activities can be high risk for spreading viruses. There are safer, alternative ways for individuals and families to participate in Thanksgiving.**

## **Lowest Risk Activities**

*These types of activities are low risk options for celebrating Thanksgiving:*

- Outdoor activities
- Space for people to spread out, 6 feet or more apart from each other
- Use of face coverings
- Fewer people
- Limited time in close contact to others
- Handwashing facilities and/or sanitizing products readily available
- Frequently touched surfaces cleaned and disinfected often

***Some safe Thanksgiving activities to enjoy:*** Having a small dinner with only people who live in your household; Sharing traditional family recipes with family/neighbors and deliver ingredients to them without having contact; Having a virtual dinner and sharing recipes with friends and family; Shopping online rather than in person; Watching sports events, parades, and movies from home

## **Highest Risk Activities**

*These types of activities are high risk and should be limited and may need to be cancelled:*

- Indoor activities
- Confined spaces
- Crowded conditions, people close together
- No or limited use of face coverings
- More people
- People spending long periods of time near each other
- Limited handwashing/sanitizing products
- Limited cleaning and disinfecting of surfaces
- Equipment/supplies used by multiple people
- Buffet/self-serve food

***It's best to avoid these activities:*** Attending large indoor gatherings with people from outside your household; Going shopping in crowded stores; Attending crowded parades; Participating or being a spectator at a crowded race; As always, remember that using alcohol or drugs can cloud judgement and increase risky behaviors

