

**Sports Order - 8/19/2020, Amended 8/28/2020****SPORTS PRACTICE & COMPETITION CHECKLIST****Note:** Once complete, please maintain for your records.**Name of School/Organization:****Address: Street:****City:****Sports Venue:**

	<i>See ACPH Planning Guidance Document for form to return to ACPH.</i>		
<b>Contact Info:</b>	<b>Name:</b>	<b>Phone:</b>	<b>Email:</b>

<b>Compliance Officer:</b>	<b>Name:</b>	<b>Phone:</b>	<b>Email:</b>
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**Definitions:****Sports Participants:** athletes, coaches, volunteers, staff, employee, venues, affiliated teams and schools and spectators**"Employees"** (for this order only): employees and volunteers, may also be referred to as "staff"**Compliance Areas**

	<b>Standards</b> are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amateur, Club and Professional Sports, issued 8/19/2020 and amended 8/28/2020.	<b>Who/How this will be addressed</b>	<b>Tips</b>
<b>Social Distancing</b>			
	Designate 6-foot distances with signage, tape or by other means 6-foot spacing for Sports Participants in any line to maintain appropriate distance (4.A.)		Consider ticket sales/pick up, venue entrance, concessions, restrooms, exits
	Have hand sanitizer and sanitizing product readily available for Sports Participants (4.B.)		Includes athletes, coaches, volunteers, staff, employees and spectators

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	Post online whether a Sports facility is open and how best to approach the facility consistent with the Social Distancing Requirements (4.C.)		Consider planning entrances to avoid congregating

#### Enforcement

	Each host or sponsoring organization shall designate, in writing and prior to a Sport event, a compliance officer whose responsibility it is to ensure that the requirements of this Order are followed. (5.A.)		Please name the Compliance Officer for your organization.
	Designated Compliance Officer shall be the contact person for the local health department, sheriff's department and any other local law enforcement agency that has jurisdiction over the event, game or match. (5.A.)		Consider assigning someone for each event who will be responsible to monitor compliance for that event.

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<b>Safety Requirements for Sports to Practice or Compete</b>			
	Players, coaches, athletic trainers and officials must conduct daily symptom assessments before each practice or game. (6.A.i.)		According to CDC, symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
	Anyone experiencing symptoms must stay home. (6.A.ii)		
	Coaches must (1) Participate in COVID-19 education developed for them by ODH, and (2) Educate their players on how to help prevent the spread of COVID-19 (6.A.iii.)		
	No congregating before or after practices or games by players, coaches, athletic trainers, officials or spectators. (6.A.iv.)		Consider staggering arrival times

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	<p>Coaches, athletic trainers, volunteers, and officials <b>must</b> wear face coverings at all times, except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio, signed July 23, 2020 or as thereafter amended (6.A.v.)</p> <p>Coaches and officials are not required to wear facial coverings during games and practices to allow the use of whistle or to be heard when coaching or officiating. (6.A.v.)</p>		<p><b>Exceptions:</b></p> <ol style="list-style-type: none"> <li>1. Individual is under age 10</li> <li>2. Individual has medical condition or disabilities and can't wear a mask</li> <li>3. Individual is communicating with someone hearing impaired</li> <li>4. Individual is seated, <b>actively</b> consuming food/beverage</li> <li>5. Facial coverings prohibited by law or regulation</li> <li>6. Individual is actively participating in broadcast communications</li> </ol>
	<p>Players <b>must</b> wear face coverings at all times, when not on the field or court of play, except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio, signed July 23, 2020 or as thereafter amended (6.A.v.)</p>		See Exceptions above
	<p>Written justification must be immediately provided to local health officials, upon request, explaining why an athlete, student athlete, coach or volunteer is not required to wear a facial covering when not on the field of play.(6.A.v.)</p> <p>At a minimum, facial coverings (Masks) should be cloth/fabric and cover an individual's nose, mouth, and chin. (6.A.v.)</p>		Consider having a written policy.

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	Players, coaches, athletic trainers, and officials must strictly follow Ohio's face coverings Order when out in public to reduce the risk of contracting COVID-19 and potentially spreading it during Sports activities. (6.A.vi.)		Consider asking them to sign off on a paper acknowledging required minimum standards in this order and that they agree to follow them
	Coaches will promote good hand hygiene and respiratory etiquette. Flyers and signs are available at <a href="https://coronavirus.ohio.gov">coronavirus.ohio.gov</a> (6.A.vii.)		Consider where you will put signs for athletes.
	Coaches must require a parent/volunteer to help monitor/ensure social distancing on teams of young children. (6.A.viii.)		Consider assigning a volunteer for each game/practice.
	When a Coach is aware of athletes that are at an enhanced risk of developing serious complications from COVID-19, such as those with asthma, diabetes, or other health problems, the Coach must adopt extra precautions to protect them. (6.A.ix)		
	Players should be encouraged to wear face coverings while at home to protect family and household members who may be at higher risk of developing complications from COVID-19 (6.A.x)		Consider asking athletes to sign off on a paper acknowledging required minimum standards in this order and that they agree to follow them.
	Event sponsors, coaches and participants shall specifically review protocols for cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AED's). (6.a.xi.)		

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#### Spectators

	Spectators must conduct daily symptom assessments before each practice or game. (6.B.i.)		
	Anyone experiencing symptoms must stay home. (6.B.ii)		According to CDC, symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
	Family and household members should sit together socially-distanced from other individuals/family/household groups. (6.B.iii.)		
	Six-feet social distancing <b>must</b> be maintained between individual/family/household groups (6.B.iv.)		
	No congregating before or after practices or games is permitted. (6.B.v.)		

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	Spectators <b>must</b> wear face coverings at all times except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio, signed July 23, 2020 or as it may thereafter be amended. (6.B.vi.)		<b>Exceptions:</b> <ol style="list-style-type: none"> <li>1. Individual is under age 10</li> <li>2. Individual has medical condition or disabilities and can't wear a mask</li> <li>3. Individual is communicating with someone hearing impaired</li> <li>4. Individual is seated, <b><u>actively</u></b> consuming food/beverage</li> <li>5. Facial coverings prohibited by law or regulation</li> <li>6. Individual is actively participating in broadcast communications</li> </ol>
	<b>Recommendation:</b> In the context of youth or school sports, school and organization officials should prioritize tickets distribution or event access to the Sports Participants' family and household members, if possible. (6.B. viii.)		

#### Practices/Games/Tournaments

	Six-feet social distancing <b>must</b> be maintained between individuals except when necessary on the field or court of play (6.C.i.)		
	Players, coaches, and officials are not to physically contact each other before or after practice or pregame and competitive play (e.g. greetings, team huddles, high-fives, congregating, etc.) (6.C.11.)		

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	Limit time spent on activities where player are in close proximity for extended periods of time (6.C.111.)		
	Facilities, teams, and clubs <b>must</b> ensure that facilities have adequate space for social distancing for players, coaches, athletic trainers, officials, parents/guardians, and spectators off the field or court of play. (6.C.iv.)		Consider that at least 6 feet social distancing is the minimum
	Participating athletes at a cross country race are limited to a total of 150 per race and smaller numbers are encouraged, and spectators are to comply with social distancing, including at the finish line. (6.C.v.)		Consider having 2 individual teams compete at the same time while other teams remain at their 'base camp.' Teams could leave after competing, with results announced via social media.
	Tournaments - Prior to tournaments, tournament organizers must notify the local health department. (6.C.vi.)		Send info to; contact@allenhealthdept.org



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	To limit exposure of players, Sports Participants shall not compete in more than one contest or game in any calendar day, unless it is against the same team[s] or player[s] as in the initial game or contest, and no sponsor, owner or manager of a Sports meet, event tournament, or competition shall offer Sports Participants the opportunity to compete in more than one contest or game in any calendar day, unless it is against the same team[s] or player[s] as in the initial game or contest. (6.C.viii. - Amended 8/28/2020))		For purposes of the Order, "contest" means a meet or match in which multiple teams engage in a single competition. Examples include cross-country meets, golf matches, bowling matches and tennis matches. "Contests" do not include round-robin or other multiple game tournaments.
	<b>Recommendation:</b> If possible during practices, consider putting players into small groups who remain together through practice stations, rather than mixing groups from station to stations (6.C.vii.)		

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#### Equipment

<p>Equipment and personal items <b>must</b> have proper separation and should avoid being shared. If equipment must be shared, proper sanitation must be performed between users.</p> <ul style="list-style-type: none"><li>•Do not share water bottle or other drinks</li><li>•Do not share food.</li><li>•Do not share towels or facial coverings</li></ul> <p>Make sure there are adequate supplies of items and equipment to the extent possible to minimize the need for sharing (e.g. bats, protective gear, etc.) (6.D.i-v)</p>		
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#### Sports Facilities

	Time <b>must</b> be allotted between practice session to allow teams to exit fields/facilities prior to new teams arriving and for proper sanitizing for shared spaces and high-touch surfaces (benches, equipment, etc.) (6.E.i.)		
	Tournaments: Organizers of Sports tournaments must follow applicable guidance for venues (including grandstands) in which the tournament is held. (6.E.ii.)		
	Locker rooms, weight training rooms, restrooms, and athletic training rooms must be cleaned and sanitized frequently. Individuals must maintain social distancing as much as possible while in these rooms. Face coverings must be worn at all times while in these rooms. (6.E.iii.)		
	Food concessions operations must adhere to Ohio's guidance for Restaurants, Bars, Banquets & Catering Facilities/Services available at <a href="https://coronavirus.ohio.gov">coronavirus.ohio.gov</a> (6.E.iv.)		
	Promote good hand hygiene and respiratory etiquette. Flyers and signs are available at <a href="https://coronavirus.ohio.gov">coronavirus.ohio.gov</a> (6.E.v.)		Signs are available to post
	Make hand sanitizer available at convenient locations. (6.E.vi.)		

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	<b>Indoors:</b> When playing inside, ensure ventilation systems or fans operate properly. Increase circulation of outdoor air as much as possible, such as opening windows and doors unless doing so poses a safety or health risk. (6.E.vii.)		
	Use of enclosed shared spaces, such as locker rooms, must be staggered and cleaned and disinfected between use. (6.E.viii.)		
	Limit the number of players sitting in confined player seating areas (e.g. dugouts) by allowing players to spread out into spectator areas if more space is available. (6.E.ix.)		
	Facilities/venues <b>must</b> designate a Compliance Officer responsible for the compliance with this Order. (6.E.x.)		Please name the Compliance Officer for the venue.

#### **Travel/Team Travel by Bus, etc.**

	<b>Recommendation:</b> It is recommended that, if possible, compete only against teams in your local area. Traveling outside the local community may increase the chance of exposing players, coaches, and fans to COVID-19 or unknowingly spreading it to others. (6.G.i.)		
	Follow the COVID-19 Guidance of the state and local public health jurisdiction to which the team is traveling. (6.G.ii.)		

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	Individuals traveling together by bus, etc. <b>must</b> wear a face covering and social distance where possible while in the vehicle. (6.F.i.)		
	Conduct a pre-travel symptom and temperature check immediately prior to departure. (6.F.ii.)		
	Limit use of carpools. Encourage players to only ride with others in their households if possible. (6.G.iii.)		

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#### Suspected and Confirmed Cases

	<p>Players, coaches, officials or other individuals who had close contact (within 6 feet of an infected individual for at least 15 minutes) or who had direct physical contact with the person, <b>must</b> self-quarantine for 14 days following exposure. (CDC)</p> <p>If the identity of all persons in close contact with an infected individual cannot be readily determined or if the coaches, players or their parents/guardians or administration of the team do not effectively cooperate with the local health department contact tracing process, then the local health department may require the entire team, including coaches, to self-quarantine for 14 days following exposure. Individuals may return to play afterward if they have not had any COVID-19 symptoms. (6.H.i.)</p>		Consider adding these points to a sign off/agreement that athletes, coaches, etc. and parents sign
	Any players, coaches, officials, or other individuals who become ill or develop symptoms must be immediately isolated and seek medical care. (6.H.ii.)		Consider where you will isolate someone if they become ill.
	Contact the local health department about suspected COVID-19 cases or exposure. (6.H.iii.)		Allen County Public Health 24/7 number: 419-228-4457

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	The affected person should seek COVID-19 testing as soon as possible. (6.H.iv.)		Teams, schools and clubs: consider working with parents to ensure they have access to testing through their healthcare providers or direct them to testing options. ACPH has testing resources on their website: <a href="http://www.allencountypublichealth.org">www.allencountypublichealth.org</a>
	Coaches, administrators, parents, and athletes <b>must</b> work with the local health department to identify individuals who were potentially exposed to help facilitate contact tracing. This includes but is not limited to athletes, coaches, officials, volunteers, parents and other support personnel. (6.H.v.)		
	A team, school or club <b>must</b> notify all athletes and parents/guardians associated with the affected team regarding a positive test. Athletes and families must be reminded of proper daily health screening protocols. (6.H.vi.)		

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	If the affected individual participated in competitive play, the team must notify all opponents played between the date of the positive test and two days prior to the onset of symptoms. If the teams schools or clubs reside in different counties, the health departments in each county must be notified to help facilitate effective contact tracing. (6.H.vii.)		
	<p>An individual who tests positive for COVID-19 - whether symptomatic or asymptomatic, shall not return to Sports activities until a documented medical exam is performed clearing the individual prior to the individual returning to participation in practice or games.</p> <p>The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients. (6.H.viii.)</p>		
	Players, coaches, officials and school administrators <b>must</b> work with the local health department to identify potentially infected or exposed individuals to help facilitate effective exposure notification. (6.H.ix.)		



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	<p>To the extent possible, facilitate testing of all suspected infections or exposures. (6.H.xi.)</p> <p>Following testing, contact local health department to initiate appropriate care and exposure notification. (6.H.xii.)</p>		
	Teams, schools, and clubs should establish a partnership with a local healthcare provider to help accelerate testing if needed (6.H.xii.)		
	<p>When a player, coach, or athletic trainer tests positive for COVID-19, team members who are not close contacts requiring self-quarantine as determined by the local health department, should conduct:</p> <p>1) daily symptoms assessments and stay home if sick, and</p> <p>2) an in person temperature check before the start of each practice and game for 14 days as a precaution. (6.H.xiii.)</p>		