Email:
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T
Tips
Consider ticket sales/pick up, venue
entrance, concessions, restrooms,
exits
exits
Includes athletes, coaches,
volunteers, staff, employees and
spectators
- -

SPORTS PRACTICE & COMPETITION CHECKLIST

Sports Order - 8/19/2020

Standards are from the Director's Order that Provides Mandatory requirements for Youth,		
Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
Post online whether a Sports facility is open and how best to approach the facility consistent with the Social Distancing Requirements (4.C.)		Consider planning entrances to avoid congregating

Enforcement

Each host or sponsoring organization shall	Please name the Compliance Officer
designate, in writing and prior to a Sport event, a	for your organization.
compliance officer whose responsibility it is to	
ensure that the requirements of this Order are	
followed. (5.A.)	
	Consider assigning someone for each
Designated Compliance Officer shall be the contact	event who will be responsible to
person for the local health department, sheriff's	monitor compliance for that event.
department and any other local law enforcement	
agency that has jurisdiction over the event, game or	
match. (5.A.)	

Safety Requirements for Sports to Practice or Compete	

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
Players, coaches, athletic trainers and officials must conduct daily symptom assessments before each practice or game. (6.A.i.)		According to CDC, symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
Anyone experiencing symptoms must stay home. (6.A.ii)		
Coaches must (1) Participate in COVID-19 education developed for them by ODH, and (2) Educate their players on how to help prevent the spread of COVID 19 (6.A.iii.)		
No congregating before or after practices or games by players, coaches, athletic trainers, officials or spectators. (6.A.iv.)		Consider staggering arrival times

Standards are from the Director's Order that		
Provides Mandatory requirements for Youth,		
Collegiate, Amatuer, Club and Professional Sports,		
issued 8/19/2020	Who/How this will be addressed	Tips
Coaches, athletic trainers, volunteers, and officials		Exceptions:
must wear face coverings at all times, except for		1. Individual is under age 10
one of the reasons stated in the Director's Order for		2. Individual has medical condition
Facial Coverings throughout the State of Ohio,		or disabilities and can't wear a mask
signed July 23, 2020 or as thereafter amended		3. Individual is communicating with
(6.A.v.)		someone hearing impaired
, ,		4. Individual is seated, <u>actively</u>
Coaches and officials are not required to wear facial		consuming food/beverage
coverings during games and practices to allow the		5. Facial coverings prohibited by law
use of whistle or to be heard when coaching or		or regulation
officiating. (6.A.v.)		6. Individual is actively participating
		in broadcast communications
		See Exceptions above
Players must wear face coverings at all times, when		
not on the field or court of play, except for one of		
the reasons stated in the Director's Order for Facial		
Coverings throughout the State of Ohio, signed July		
23, 2020 or as thereafter amended (6.A.v.)		
NACCIAL DE CONTROL DE		Consider having a written policy.
Written justification must be immediately provided		
to local health officials, upon request, explaining		
why an athlete, student athlete, coach or volunteer		
is not required to wear a facial covering when not		
on the field of play.(6.A.v.)		
At a minimum, facial coverings (Masks) should be		
cloth/fabric and cover an individual's nose, mouth,		
and chin. (6.A.v.)		
and chin. (O.A.V.)		

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020 Players, coaches, athletic trainers, and officials must strictly follow Ohio's face coverings Order when out in public to reduce the risk of contracting COVID-19 and potentially spreading it during Sports activities.	Tips Consider asking them to sign off on a paper acknowledging required minimum standards in this order and that they agree to follow them
(6.A.vi.) Coaches will promote good hand hygiene and respiratory etiquette. Flyers and signs are available at coronavirus.ohio.gov (6.A.vii.)	Consider where you will put signs for athletes.
Coaches must require a parent/volunteer to help monitor/ensure social distancing on teams of young children. (6.A.viii.)	Consider assigning a volunteer for each game/practice.
When a Coach is aware of athletes that are at an enhanced risk of developing serious complications from COVID-19, such as those with asthma, diabetes, or other health problems, the Coach must adopt extra precautions to protect them. (6.A.ix)	
Players should be encouraged to wear face coverings while at home to protect family and household members who may be at higher risk of developing complications from COVID-19 (6.A.x)	Consider asking athletes to sign off on a paper acknowledging required minimum standards in this order and that they agree to follow them.
Event sponsors, coaches and participants shall specifically review protocols for cardiopulmonary resuscitation (CPR) and the use of automated external defibrillators (AED's). (6.a.xi.)	

Standards are from the Director's Provides Mandatory requirements Collegiate, Amatuer, Club and Profissued 8/19/2020	for Youth,	ressed Tips
Spectators must conduct daily symassessments before each practice Anyone experiencing symptoms m	or game. (6.B.i.)	According to CDC, symptoms
(6.B.ii)		include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.
Family and household members sh socially-distanced from other individuals/family/household grou		
Six-feet social distancing must be a between individual/family/househ (6.B.iv.)		
No congregating before or after pris permitted. (6.B.v.)	ractices or games	

Provides Mandator	the Director's Order that y requirements for Youth,		
issued 8/19/2020	r, Club and Professional Sports,	Who/How this will be addressed	Tips
except for one of th Director's Order for	ear face coverings at all times the reasons stated in the Facial Coverings throughout the d July 23, 2020 or as it may ded. (6.B.vi.)		Exceptions: 1. Individual is under age 10 2. Individual has medical condition or disabilities and can't wear a mask 3. Individual is communicating with someone hearing impaired 4. Individual is seated, actively consuming food/beverage 5. Facial coverings prohibited by law or regulation 6. Individual is actively participating in broadcast communications
sports, school and c prioritize tickets dis	In the context of youth or school organization officials should tribution or event access to the 'family and household e. (6.B. viii.)		
Practices/Games/Tournaments			
	ncing must be maintained s except when necessary on the y (6.C.i.)		
contact each other pregame and comp	nd officials are not to physically before or after practice or etitive play (e.g. greetings, team congregating, etc.) (6.C.11.)		

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
Limit time spent on activities where player are in close proximity for extended periods of time (6.C.111.)		
Facilities, teams, and clubs must ensure that facilities have adequate space for social distancing for players, coaches, athletic trainers, officials, parents/guardians, and spectators off the field or court of play. (6.C.iv.)		Consider that at least 6 feet social distancing is the minimum
Participating athletes at a cross country race are limited to a total of 150 per race and smaller numbers are encouraged, and spectators are to comply with social distancing, including at the finish line. (6.C.v.)		Consider having 2 individual teams compete at the same time while other teams remain at their 'base camp.' Teams could leave after competing, with results announced via social media.
Tournaments - Prior to tournaments, tournament organizers must notify the local health department. (6.C.vi.)		Send info to; contact@allenhealthdept.org
To limit exposure of players, no team shall play against more than a single opponent team in any twenty-four hour period; provided that two teams can play multiple games or matches against each other within that twenty-four hour period, if desired. (6.C.viii.)		

	Standards are from the Director's Order that		
	Provides Mandatory requirements for Youth,		
	Collegiate, Amatuer, Club and Professional Sports,	NATE OF THE STATE	
	issued 8/19/2020	Who/How this will be addressed	Tips
	Recommendation: If possible during practices,		
	consider putting players into small groups who		
	remain together through practice stations, rather		
	than mixing groups from station to stations (6.C.vii.)		
Equipment			
	Equipment and personal items must have proper		
	separation and should avoid being shared. If		
	equipment must be shared, proper sanitation must		
	be performed between users.		
	•Do not share water bottle or other drinks		
	•Do not share food.		
	Do not share towels or facial coverings		
	Make sure there are adequate supplies of items and		
	equipment to the extent possible to minimize the		
	need for sharing (e.g. bats, protective gear, etc.)		
	(6.D.i-v)		
Sports Faciliti			
	Time must be allotted between practice session to		
	allow teams to exit fields/facilities prior to new		
	teams arriving and for proper sanitizing for shared		
	spaces and high-touch surfaces (benches,		
	equipment, etc.) (6.E.i.)		

Standards are from the Director's Order that		
Provides Mandatory requirements for Youth,		
Collegiate, Amatuer, Club and Professional Sports,		
issued 8/19/2020	Who/How this will be addressed	Tips
Tournaments: Organizers of Sports tournaments		
must follow applicable guidance for venues		
(including grandstands) in which the tournament is		
held. (6.E.ii.)		
Locker rooms, weight training rooms, restrooms,		
and athletic training rooms must be cleaned and		
sanitized frequently.		
Individuals must maintain social distancing as much		
as possible while in these rooms.		
Face coverings must be worn at all times while in		
these rooms. (6.E.iii.)		
Food concessions operations must adhere to Ohio's		
guidance for Restaurants, Bars, Banquets & Catering		
Facilities/Services available at coronavirus.ohio.gov		
(6.E.iv.)		
Promote good hand hygiene and respiratory		Signs are available to post
etiquette. Flyers and signs are available at		
coronavirus.ohio.gov (6.E.v.)		
Make hand sanitizer available at convenient		
locations. (6.E.vi.)		
Indoors: When playing inside, ensure ventilation		
systems or fans operate properly. Increase		
circulation of outdoor air as much as possible, such		
as opening windows and doors unless doing so		
poses a safety or health risk. (6.E.vii.)		
Use of enclosed shared spaces, such as locker		
rooms, must be staggered and cleaned and		
disinfected between use. (6.E.viii.)		

	Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
	Limit the number of players sitting in confined player seating areas (e.g. dugouts) by allowing players to spread out into spectator areas if more space is available. (6.E.ix.)		
	Facilities/venues must designate a Compliance Officer responsible for the compliance with this Order. (6.E.x.)		Please name the Compliance Officer for the venue.
Travel/Team Travel by Bus, etc.			
	Recommendation: It is recommended that, if possible, compete only against teams in your local area. Traveling outside the local community may		

Recommendation: It is recommended that, if possible, compete only against teams in your local area. Traveling outside the local community may increase the chance of exposing players, coaches, and fans to COVID-19 or unknowingly spreading it to others. (6.G.i.)

Follow the COVID-19 Guidance of the state and local public health jurisdiction to which the team is traveling. (6.G.ii.)

Individuals traveling together by bus, etc. must wear a face covering and social distance where possible while in the vehicle. (6.F.i.)

Conduct a pre-travel symptom and temperature check immediately prior to departure. (6.F.ii.)

Limit use of carpools. Encourage players to only ride with others in their households if possible. (6.G.iii.)

Standards are from the Director's Order that		
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Collegiate, Amatuer, Club and Professional Sports,		
issued 8/19/2020	Who/How this will be addressed	Tips
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Suspected and Confirmed Cases

	Consider adding these points to a sign off/agreement that athletes,
	coaches, etc. and parents sign
Players, coaches, officials or other individuals who	
had close contact (within 6 feet of an infected	
individual for at least 15 minutes) or who had direct	
physical contact with the person, must self-	
quarantine for 14 days following exposure. (CDC)	
quarantine for 14 days following exposure. (CDC)	
If the identity of all persons in close contact with an	
infected individual cannot be readily determined or	
if the coaches, players or their parents/guardians or	
administration of the team do not effectively	
cooperate with the local health department contact	
tracing process, then the local health department	
may require the entire team, including coaches, to	
self-quarantine for 14 days following exposure.	
Individuals may return to play afterward if they	
have not had any COVID-19 symptoms. (6.H.i.)	
	Consider where you will isolate
Any players, coaches, officials, or other individuals	someone if they become ill.
who become ill or develop symptoms must be	
 immediately isolated and seek medical care. (6.H.ii.)	
	Allen County Public Health 24/7
Contact the local health department about	number: 419-228-4457
suspected COVID-19 cases or exposure. (6.H.iii.)	

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
The affected person should seek COVID-19 testing as soon as possible. (6.H.iv.)		Teams, schools and clubs: consider working with parents to ensure they have access to testing through their healthcare providers or direct them to testing options. ACPH has testing resources on their website: www.allencountypublichealth.org
Coaches, administrators, parents, and athletes must work with the local health department to identify individuals who were potentially exposed to help facilitate contact tracing. This includes but is not limited to athletes, coaches, officials, volunteers, parents and other support personnel. (6.H.v.)		
A team, school or club must notify all athletes and parents/guardians associated with the affected team regarding a positive test. Athletes and families must be reminded of proper daily health screening protocols. (6.H.vi.)		

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
If the affected individual participated in competitive play, the team must notify all opponents played between the date of the positive test and two days prior to the onset of symptoms. If the teams schools or clubs reside in different counties, the health departments in each county must be notified to help facilitate effective contact tracing. (6.H.vii.)		
An individual who tests positive for COVID-19 - whether symptomatic or asymptomatic, shall not return to Sports activities until a documented medical exam is performed clearing the individual prior to the individual returning to participation in practice or games.		
The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients. (6.H.viii.)		
Players, coaches, officials and school administrators must work with the local health department to identify potentially infected or exposed individuals to help facilitate effective exposure notification. (6.H.ix.)		

Standards are from the Director's Order that Provides Mandatory requirements for Youth, Collegiate, Amatuer, Club and Professional Sports, issued 8/19/2020	Who/How this will be addressed	Tips
To the extent possible, facilitate testing of all suspected infections or exposures. (6.H.xi.)		
Following testing, contact local health department to initiate appropriate care and exposure notification. (6.H.xii.)		
Teams, schools, and clubs should establish a partnership with a local healthcare provider to help accelerate testing if needed (6.H.xii.)		
When a player, coach, or athletic trainer tests positive for COVID-19, team members who are not close contacts requiring self-quarantine as determined by the local health department, should conduct: 1) daily symptoms assessments and stay home if sick, and 2) an in person temperature check before the start of each practice and game for 14 days a s a precaution. (6.H.xiii.)		