# ALLEN COUNTY PUBLIC HEALTH Allen County Combined Health District

## **Responsible Restart Ohio**

### **How to Use Cloth Face Coverings (Masks)**

#### When putting on a cloth face covering (mask), use these steps:



- ☑ Ensure the proper side of the mask is facing outward
- ☐ The mask should cover your nose and chin and should fit snuggly
- ☑ Secure the strings behind your head or over your ears
- Avoid touching your mask while you are wearing it

#### When removing a cloth face covering (mask), use these steps:

- ☑ Don't touch the front of the mask
- Remove it from behind by the loops or ties
- ☑ Don't touch your eyes, nose, or mouth while removing
- ☑ Immediately throw the mask into the laundry hamper to wash with other clothes
- ☑ Wash hands immediately after removing



#### Tips for use:

- Clean your hands before and after touching the mask
- Remove and store mask before eating or drinking (fold mask on itself, touching only the outside of the mask)
- Mask should not hang on one ear, hang around your neck, or be pushed onto your forehead
- Do not wear your mask all day—if you are not in the public or around others, remove it (You may have to replace your mask periodically throughout the day if you have heavy use)

