

## **Family Focused**

*"Children need what each parent has to offer. They need a bond with daddy as much as with mommy."*

*-Mediations for New Mothers 1992*

Becoming a parent can be exciting, frightening and confusing. Our Certified Community Health Workers can help by developing relationships, encouraging family unity and creating a world of support for mothers, fathers and caregivers through routine home visits.



***A United Family is a Strong Family***



## **MOMS & BABIES FIRST** **Ohio's Black Infant Vitality Program**

### ***Community Health Workers***

Can be reached at:

#### **Allen County Public Health**

219 E. Market Street

Lima, Ohio 45801

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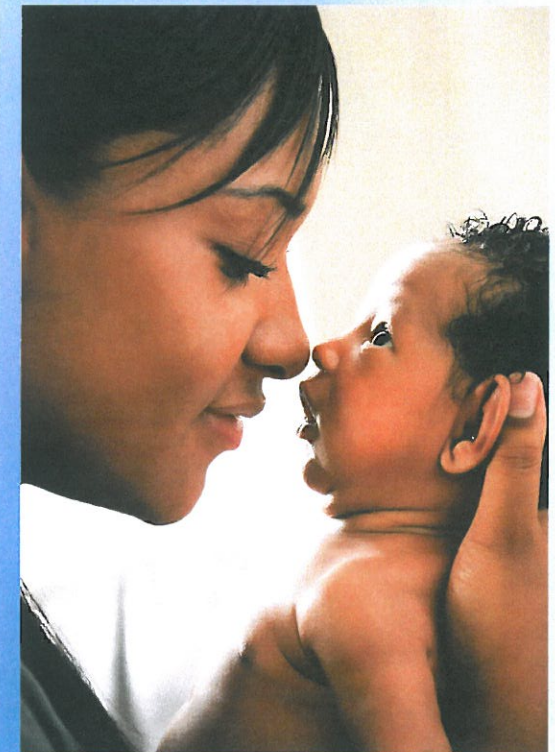


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## **MOMS & BABIES FIRST** **Ohio's Black Infant Vitality Program**



## What is Moms & Babies First?

Moms & Babies First is a voluntary service for eligible pregnant women that promotes black infant vitality by supporting healthy pregnancies and positive birth outcomes. The program is at no cost, and provides in-home visits during and after pregnancy, from birth through the 1<sup>st</sup> year of life.

### Who Is Eligible?

- **Pregnant** African American women
- High risk Pregnancy
- Reside in Allen County



### What are the Goals?

1. **Decrease** African American maternal and infant mortality
2. **Improving** maternal, infant, and family health
3. **Reduce** health disparities
4. **Empowering** family resilience

## What Does the Program Offer?

- Home visits
- Linkage to prenatal care and primary care providers
- Comprehensive assessment and screening
- Informed curriculum designed to reduce infant mortality
- Healthy behaviors (nutrition, safe sleep, breastfeeding, immunizations, etc.)
- Assisting the development of family goals
- Referrals to community agencies



## Who Provides the Home Visits?

- The service is provided by Certified Community Health Workers (**CCHWs**).
- **CCHWs** are trained, trusted, knowledgeable health personnel, who typically reside or come from the communities they serve.
- **CCHWs** bridge cultural and linguistic barriers, expand access to coverage and care, improve health outcomes and are vital links between the community and the health care system
- **CCHWs** reduce health disparities, contribute to improving the quality of care, cultural competence, and empower individuals and communities to strive for better health.

