



Allen County Walks/Runs/Rides 2019

Please note: This is not a complete list.



Date	Event	Organization	Contact Information	Location
Jan – Dec (3 rd Sat)	Walk with a Doc	Lima Memorial Health System, YMCA	419-223-6045, ext. 301	YMCA, Lima
Feb 23	February Freeze 5K	St. Rita's Medical Center	Abe Frieson: 419-226-9143 amfrieson0@mercy.com	St. Rita's Medical Center, Lima
March 8	Safety City 5K	Optimist Club		Safety City, Lima
April – Sept (Thursdays)	Delphos Run Club		Mandy Weimerskirch	Rustic Café, Delphos
April 7	Limaland's Spring Fling 5K	Bath XC	Daniel Grime: 419-233-5487 GRIMED@bathwildcats.org	Ottawa Metro Park, Lima
April 19	Good Friday Hike	Johnny Appleseed Metropolitan Park District		Kendrick Woods, Lima
April 28	Delphos Donor Dash 5K	Delphos Run Club, St. Rita's Medical Center, Donate Life	Deann Heing: 419-230-2963 ldheing6@hotmail.com	Stadium Park, Delphos
May 1 – Sept 30	National Bike Challenge	League of American Bicyclists	https://nationalbikechallenge.org	Nationwide
May 4	Bluffton University May Day Fun Run – 4 mile run/walk	Bluffton University Alumni Association	Claire Clay clayc@bluffton.edu	Bluffton University – Sommer Center, Bluffton
May 4	Bluffton University Nature Preserve Walk – 5K	Bluffton University Alumni Association	Claire Clay clayc@bluffton.edu	Bluffton University – Sommer Center, Bluffton



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May 4	Superhero 5K/5 Mile	Relay for Life, K&M Cares, Delphos Run Club	419-695-1061 ext. 1136 Sergio.Villasana@kmtire.com	K&M Tire, Delphos
May 6	"I Ask" Teal Color 3/5K Run/Walk	Rotaract Club, UNOH	@UNOHRotaractcolorrun (on Facebook)	Racers Rock – UNOH Campus (Hartzler Rd.), Lima
May 11	Have a Heart for Reading 5K Color Run/Walk	Bean Town Business Professionals		Faurot Park, Lima
May 18	Bike Rodeo – Riverwalk Ride	Activate Allen County, Paramount Healthcare	Josh Unterbrink: 419-303-3387	WOCAP, Lima
May 18	March for Babies Walk	March of Dimes	Theresa Gray: 567-298-4820 tgray@marchofdimes.org	Veteran's Memorial Civic & Convention Center, Lima
May 18	Allen County Junior Leaders 5K Clover Run	Allen County 4H	allencountyjuniorleaders@gmail.com	Allen County Fairgrounds, Lima
May 19	Herb Jay River Run 5K	Lima Family YMCA	Dan Grime: 419-233-5487 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
May 25	Sherwood Shark 5K	Sherwood Park Community Club	419-331-2721	Sherwood Neighborhood (1680 Victoria Lane), Lima
May 31	Sprint to Summer 5K	Benfits to to A Special Wish Foundation honoring Adam Rigali	https://runsignup.com/Race/OH/Lima/SprinttoSummer5K	Shawnee HS Track, Lima
June – August (Tuesdays)	Team Roadrunners Casual/Slow Road Rides	Team Roadrunners	John Simindinger: 567-204-5996 simi@woh.rr.com	June – Elida MS July – Bath HS Aug – Shawnee MS



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June – October (2 nd Tues)	Ride with the Rangers	Cranker's Cycling Activate Allen County		Stadium Park, Lima
June 1	3K Color Run	UNOH Rotaract	rotaract@unoh.edu	Ottawa Metro Park, Lima
June 14	Relay for Life – Delphos	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Stadium Park, Delphos
June 14	Bark for Life (w/ Relay for Life)	Delphos Animal Hospital	419-692-9941	Leisure Park, Delphos
June 15	Limaland Bicycle Tour	Team Roadrunners	419-236-5638 (phone or text) teamroadrunners.org@gmail.com	UAW Local 1219 Park (Bible Road), Lima
June 21	Relay for Life- Lima	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Spartan Stadium, Lima
June 21	Bluffton for Hope – Glow Run 5K (Relay for Life – Bluffton)	American Cancer Society	Lynda Best: 419-296-2790 lbest43@embarqmail.com	Bluffton Family Recreation, Bluffton
June 22	Bluffton Run for Literacy 5K Run/Walk	Friends of Bluffton Public Library www.blufftonpubliclibrary.org	Bonnie Hammon: 419-358-2320 bonham@wcoil.com	Bluffton Public Library, Bluffton
June 22	Spencerville Subway 5K	Spencerville Summer Fest	Brian McMichael bcmспен@hotmail.com	Spencer Township Park, Spencerville
June 29	Kewpee/YMCA Fun Run 5K	Lima Family YMCA/Kewpee	419-223-6045, Ext. 114 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
July 4	Freedom 10K, 5K, 1 Mile Run	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima



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July 4	Freedom Run Ride	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima
July 4	5K Color Run	Delphos Kiwanis	delphoskiwanis@gmail.com www.delphoskiwanis.com	Stadium Park, Delphos
July 12	Cridersville Fireman's Jamboree Color Run	Cridersville Fire Department	Rick Miller: 419-645-4000 cvillefd@bright.net	Cridersville Fire Department, Cridersville
July 20	Bluffton Ride to Remember	Bluffton Chamber, Bluffton Lions Foundation	Fred Steiner: 419-369-2985, ext 118 blufftonchamber@gmail.com	Bluffton Family Recreation Center, Bluffton
July 27	Rally Point River Ride	Rally Point Youth Center	Jared Diller: 419-229-4444 rallypoint@live.com	Heritage Park, Lima
Aug 6	Lima YMCA/Kewpee Triathlon/Duathlon	Lima Family YMCA	limaymcaracing@hotmail.com	Ottawa Metro Park, Lima
Aug 6	National Night Out 5K Run/Walk	Allen County Sheriff's Office, Anytime Fitness (Benefits Allen County D.A.R.E. Program)	www.acso-oh.us	Allen Co. Fairgrounds (Roschman Park), Lima
Aug 10	2 nd Annual Summerfest 1K	Bluffton Family Recreation	Bfronline.com	Southgate Lanes, Bluffton
Sept 2	Bring a Can and Lose Yours 5K Run/walk	Basement Doctor basementdoctor5K.com	Valerie Blodgett: 419-229-5800 vblodgett@basementdoctornorthwest .com	Faurot Park, Lima
Sept 7	Walk to End Alzheimer's	Alzheimer's Association	Linda Pollitz: 419-522-5050 lpollitz@alz.org	Faurot Park, Lima



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Sept 7	Pump & Run – 5K and Fun Run/Walk	Matt Ulrich Foundation	419-236-7975 MattUlrichFoundation@gmail.com	Stadium Park, Delphos
Sept 7	Paint a Different World 5K Color Run	Day One, Crime Victim Services		Faurot Park, Lima
Sept 7	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Allen County Farm Park, Lima
Sept 14	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Kendrick Woods, Spencerville
Sept 17	Canal Days 5K	Delphos Canal Days	Diane Sterling: 419-695-1771 canaldays@delphoschamber.com	Downtown Delphos (Second and Main)
Sept 21	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Motter Metro Park, Bluffton
Sept 28	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Allen County Farm Park, Lima
Sept 30	Donut Dart – 5K Run/Walk	Tim Horton's	www.runwalk.events	UNOH, Lima
Oct 5	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Kendrick Woods, Spencerville
Oct 12	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Heritage Park, Lima
Oct 12	Kewpee/YMCA 5K Costume Glow Run, 1K Costume Fun Run	Lima Family YMCA	Aaron Cross: 419-223-6045	Ottawa Metro Park, Lima



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Oct 12	American Cancer Society Making Strides of Lima Walk	American Cancer Society - Making Strides Against Breast Cancer	Alli Hermiller: 404-327-6451 Allison.Hermiller@cancer.org	UNOH, Lima
Oct 19	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	McLean Teddy Bear Park, Lima
Oct 26	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Hermon Woodlands, Lima
Oct 27	Howl'oween Trick or /trot 5K & 1 Mile Fun Run	Kiwanis Club of Lima	Bev Beery bev@beeryinsurance.com	Heritage Park, Lima
Oct 28	Keeping Hunger on the Run 5K & Half Marathon	Meals 'til Monday	Joe & Jenny Earl: 419-303-5892 MealstilMonday@yahoo.com	Elida Elementary School, Elida
Nov 22	Turkey Trot (WOD & 5K)	Team Stomp Fitness		2485 Cable Court, Lima
Nov 28	5K Run	Team Stomp Fitness		Faurot Park, Lima

Brought to you by the Allen County Creating Healthy Communities Program at Allen County Public Health

