



## Allen County Walks/Runs/Rides 2019

*Please note: This is not a complete list.*



Date	Event	Organization	Contact Information	Location
<b>Jan – Dec</b> (3 <sup>rd</sup> Sat)	Walk with a Doc	Lima Memorial Health System, YMCA	419-223-6045, ext. 301	YMCA, Lima
<b>Feb 23</b>	February Freeze 5K	St. Rita's Medical Center	Abe Frieson: 419-226-9143 amfrieson0@mercy.com	St. Rita's Medical Center, Lima
<b>March 8</b>	Safety City 5K	Optimist Club		Safety City, Lima
<b>April – Sept</b> (Thursdays)	Delphos Run Club		Mandy Weimerskirch	Rustic Café, Delphos
<b>April 7</b>	Limaland's Spring Fling 5K	Bath XC	Daniel Grime: 419-233-5487 GRIMED@bathwildcats.org	Ottawa Metro Park, Lima
<b>April 19</b>	Good Friday Hike	Johnny Appleseed Metropolitan Park District		Kendrick Woods, Lima
<b>April 28</b>	Delphos Donor Dash 5K	Delphos Run Club, St. Rita's Medical Center, Donate Life	Deann Heing: 419-230-2963 ldheing6@hotmail.com	Stadium Park, Delphos
<b>May 1 – Sept 30</b>	National Bike Challenge	League of American Bicyclists	<a href="https://nationalbikechallenge.org">https://nationalbikechallenge.org</a>	Nationwide
<b>May 4</b>	Bluffton University May Day Fun Run – 4 mile run/walk	Bluffton University Alumni Association	Claire Clay clayc@bluffton.edu	Bluffton University – Sommer Center, Bluffton
<b>May 4</b>	Bluffton University Nature Preserve Walk – 5K	Bluffton University Alumni Association	Claire Clay clayc@bluffton.edu	Bluffton University – Sommer Center, Bluffton



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<b>May 4</b>	Superhero 5K/5 Mile	Relay for Life, K&M Cares, Delphos Run Club	419-695-1061 ext. 1136 Sergio.Villasana@kmtire.com	K&M Tire, Delphos
<b>May 6</b>	"I Ask" Teal Color 3/5K Run/Walk	Rotaract Club, UNOH	@UNOHRotaractcolorrun (on Facebook)	Racers Rock – UNOH Campus (Hartzler Rd.), Lima
<b>May 11</b>	Have a Heart for Reading 5K Color Run/Walk	Bean Town Business Professionals		Faurot Park, Lima
<b>May 18</b>	Bike Rodeo – Riverwalk Ride	Activate Allen County, Paramount Healthcare	Josh Unterbrink: 419-303-3387	WOCAP, Lima
<b>May 18</b>	March for Babies Walk	March of Dimes	Theresa Gray: 567-298-4820 tgray@marchofdimes.org	Veteran's Memorial Civic & Convention Center, Lima
<b>May 18</b>	Allen County Junior Leaders 5K Clover Run	Allen County 4H	allencountyjuniorleaders@gmail.com	Allen County Fairgrounds, Lima
<b>May 19</b>	Herb Jay River Run 5K	Lima Family YMCA	Dan Grime: 419-233-5487 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
<b>May 25</b>	Sherwood Shark 5K	Sherwood Park Community Club	419-331-2721	Sherwood Neighborhood (1680 Victoria Lane), Lima
<b>May 31</b>	Sprint to Summer 5K	Benfits to to A Special Wish Foundation honoring Adam Rigali	<a href="https://runsignup.com/Race/OH/Lima/SprinttoSummer5K">https://runsignup.com/Race/OH/Lima/SprinttoSummer5K</a>	Shawnee HS Track, Lima
<b>June – August</b> (Tuesdays)	Team Roadrunners Casual/Slow Road Rides	Team Roadrunners	John Simindinger: 567-204-5996 simi@woh.rr.com	June – Elida MS July – Bath HS Aug – Shawnee MS



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<b>June – October</b> (2 <sup>nd</sup> Tues)	Ride with the Rangers	Cranker's Cycling Activate Allen County		Stadium Park, Lima
<b>June 1</b>	3K Color Run	UNOH Rotaract	rotaract@unoh.edu	Ottawa Metro Park, Lima
<b>June 14</b>	Relay for Life – Delphos	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Stadium Park, Delphos
<b>June 14</b>	Bark for Life (w/ Relay for Life)	Delphos Animal Hospital	419-692-9941	Leisure Park, Delphos
<b>June 15</b>	Limaland Bicycle Tour	Team Roadrunners	419-236-5638 (phone or text) teamroadrunners.org@gmail.com	UAW Local 1219 Park (Bible Road), Lima
<b>June 21</b>	Relay for Life- Lima	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Spartan Stadium, Lima
<b>June 21</b>	Bluffton for Hope – Glow Run 5K (Relay for Life – Bluffton)	American Cancer Society	Lynda Best: 419-296-2790 lbest43@embarqmail.com	Bluffton Family Recreation, Bluffton
<b>June 22</b>	Bluffton Run for Literacy 5K Run/Walk	Friends of Bluffton Public Library www.blufftonpubliclibrary.org	Bonnie Hammon: 419-358-2320 bonham@wcoil.com	Bluffton Public Library, Bluffton
<b>June 22</b>	Spencerville Subway 5K	Spencerville Summer Fest	Brian McMichael bcmспен@hotmail.com	Spencer Township Park, Spencerville
<b>June 29</b>	Kewpee/YMCA Fun Run 5K	Lima Family YMCA/Kewpee	419-223-6045, Ext. 114 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
<b>July 4</b>	Freedom 10K, 5K, 1 Mile Run	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima



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July 4	Freedom Run Ride	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima
July 4	5K Color Run	Delphos Kiwanis	delphoskiwanis@gmail.com www.delphoskiwanis.com	Stadium Park, Delphos
July 12	Cridersville Fireman's Jamboree Color Run	Cridersville Fire Department	Rick Miller: 419-645-4000 cvillefd@bright.net	Cridersville Fire Department, Cridersville
July 20	Bluffton Ride to Remember	Bluffton Chamber, Bluffton Lions Foundation	Fred Steiner: 419-369-2985, ext 118 blufftonchamber@gmail.com	Bluffton Family Recreation Center, Bluffton
July 27	Rally Point River Ride	Rally Point Youth Center	Jared Diller: 419-229-4444 rallypoint@live.com	Heritage Park, Lima
Aug 6	Lima YMCA/Kewpee Triathlon/Duathlon	Lima Family YMCA	limaymcaracing@hotmail.com	Ottawa Metro Park, Lima
Aug 6	National Night Out 5K Run/Walk	Allen County Sheriff's Office, Anytime Fitness (Benefits Allen County D.A.R.E. Program)	www.acso-oh.us	Allen Co. Fairgrounds (Roschman Park), Lima
Aug 10	2 <sup>nd</sup> Annual Summerfest 1K	Bluffton Family Recreation	Bfronline.com	Southgate Lanes, Bluffton
Sept 2	Bring a Can and Lose Yours 5K Run/walk	Basement Doctor basementdoctor5K.com	Valerie Blodgett: 419-229-5800 vblodgett@basementdoctornorthwest .com	Faurot Park, Lima
Sept 7	Walk to End Alzheimer's	Alzheimer's Association	Linda Pollitz: 419-522-5050 lpollitz@alz.org	Faurot Park, Lima



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<b>Sept 7</b>	Pump & Run – 5K and Fun Run/Walk	Matt Ulrich Foundation	419-236-7975 MattUlrichFoundation@gmail.com	Stadium Park, Delphos
<b>Sept 7</b>	Paint a Different World 5K Color Run	Day One, Crime Victim Services		Faurot Park, Lima
<b>Sept 7</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Allen County Farm Park, Lima
<b>Sept 14</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Kendrick Woods, Spencerville
<b>Sept 17</b>	Canal Days 5K	Delphos Canal Days	Diane Sterling: 419-695-1771 canaldays@delphoschamber.com	Downtown Delphos (Second and Main)
<b>Sept 21</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Motter Metro Park, Bluffton
<b>Sept 28</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Allen County Farm Park, Lima
<b>Sept 30</b>	Donut Dart – 5K Run/Walk	Tim Horton's	www.runwalk.events	UNOH, Lima
<b>Oct 5</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Kendrick Woods, Spencerville
<b>Oct 12</b>	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Heritage Park, Lima
<b>Oct 12</b>	Kewpee/YMCA 5K Costume Glow Run, 1K Costume Fun Run	Lima Family YMCA	Aaron Cross: 419-223-6045	Ottawa Metro Park, Lima



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Date	Event	Organization	Contact Information	Location
Oct 12	American Cancer Society Making Strides of Lima Walk	American Cancer Society - Making Strides Against Breast Cancer	Alli Hermiller: 404-327-6451 Allison.Hermiller@cancer.org	UNOH, Lima
Oct 19	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	McLean Teddy Bear Park, Lima
Oct 26	Fall Hiking Series: Walking Thru Autumn	Johnny Appleseed Metropolitan Park District	Dan Hodges: 419-223-1025 dhodges@jampd.com	Hermon Woodlands, Lima
Oct 28	Keeping Hunger on the Run 5K & Half Marathon	Meals 'til Monday	Joe & Jenny Earl: 419-303-5892 MealstilMonday@yahoo.com	Elida Elementary School, Elida
Nov 22	Turkey Trot (WOD & 5K)	Team Stomp Fitness		2485 Cable Court, Lima
Nov 28	5K Run	Team Stomp Fitness		Faurot Park, Lima

*Brought to you by the Allen County Creating Healthy Communities Program at Allen County Public Health*

