

Whole Grains Shopping List

Effective 8/29/2018

Chief



Chi-Chi's Whole Wheat
Fajita Style Tortilla



Barilla
Whole Grain Spaghetti



Barilla
Whole Grain Rotini



Our Family
Whole Grain Spaghetti



Ronzoni Healthy Harvest
100% Whole Grain Spaghetti



Our Family
Brown Rice



Mission
Yellow Corn Extra Thin Tortilla

Save A Lot



Gulf Pacific
Whole Grain Brown Rice



Schwebel's
100% Whole Wheat Bread

Ruler Foods



Kroger
Long Grain Brown Rice



Kroger
Whole Wheat Tortillas



Kroger
100% Whole Grain Spaghetti



Kroger
100% Whole Wheat Bread

Meijer



Aunt Millie's
100% Whole Wheat



Aunt Millie's
100% Whole Grain White



Bunny
100% Whole Wheat



Meijer
100% Whole Wheat



Nature's Own
100% Whole Wheat
Sugar Free



Sara Lee
100% Whole Wheat



Schwebel's
100% Whole Wheat



Healthy Life
100% Whole Wheat Buns



Mission
100% Whole Wheat Soft Taco



Barilla
Whole Grain Penne



Barilla
Whole Grain Rotini



Barilla
Whole Grain Medium Shells



Barilla
Whole Grain Spaghetti



Barilla
Whole Grain Thin Spaghetti



Barilla
Whole Grain Linguine



Riceland
Extra Long Grain Natural Brown Rice

Walmart



Mission
Yellow Corn Extra Thin Tortilla



Sara Lee
100% Whole Wheat



Nickles
100% Whole Wheat



Schwebel's
100% Whole Wheat



Aunt Millie's
100% Whole Grain White



Great Value Brown Rice



Great Value Whole Wheat Penne



Great Value Whole Wheat Spaghetti