



## Allen County Walks/Runs/Rides 2018

Please note: This is not a complete list.



Date	Event	Organization	Contact Information	Location
Jan – Dec (3 <sup>rd</sup> Sat)	Walk with a Doc	Lima Memorial Health System, YMCA	419-223-6045, ext. 301	YMCA, Lima
Feb 24	February Freeze 5K	St. Rita's Medical Center	Abe Frieson: 419-226-9143 amfrieson0@mercy.com	St. Rita's Medical Center, Lima
Mar 20 (3/year)	Crankers Critical Mass Ride	Crankers Cycling	crankerscycling@gmail.com	Downtown Lima (Crankers future store at 401 N. Main)
April – Sept (Thursdays)	Delphos Run Club		Mandy Weimerskirch	Rustic Café, Delphos
April – October (Days vary)	CG Pro Bikes Group Rides		Raymond Harner 419-659-2916	CG Pro Bikes, Bluffton
April 7	Allen County Junior Leaders 5K Clover Run	Allen County 4H	allencountyjuniorleaders@gmail.com	Allen County Fairgrounds, Lima
April 15	Limaland's Spring Fling 5K	Bath XC	Daniel Grime: 419-233-5487 GRIMED@bathwildcats.org	Ottawa Metro Park, Lima
April 21	March for Babies Walk	March of Dimes	Theresa Gray: 567-298-4820 tgray@marchofdimes.org	Veteran's Memorial Civic & Convention Center, Lima
April 29	Delphos Donor Dash 5K	Delphos Run Club, St. Rita's Medical Center, Donate Life	Deann Heiing: 419-230-2963 ldheiing6@hotmail.com	Stadium Park, Delphos
May – Sept (1 <sup>st</sup> /3 <sup>rd</sup> Sat)	Delphos Bike Club		Jim Webb 419-296-6782	Stadium Park, Delphos



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<b>May 1 – Sept 30</b>	National Bike Challenge	League of American Bicyclists	<a href="https://nationalbikechallenge.org">https://nationalbikechallenge.org</a>	Nationwide
<b>May 5</b>	Bluffton University May Day Fun Run – 4 mile run/walk	Bluffton University Alumni Association	Amy Byers byersa@bluffton.edu	Bluffton University – Sommer Center, Bluffton
<b>May 5</b>	Bluffton University Nature Preserve Walk – 5K	Bluffton University Alumni Association	Amy Byers byersa@bluffton.edu	Bluffton University – Sommer Center, Bluffton
<b>May 12</b>	Matt Ulrich Foundation 5K Pump & Run	Matt Ulrich Foundation	MattUlrichFoundation@gmail.com Mattulrichfoundation.org	PEAK Community Wellness Center, Delphos
<b>May 19</b>	Superhero 5K/5 Mile	Relay for Life, K&M Cares, Delphos Run Club	419-695-1061 ext. 1136 Sergio.Villasana@kmtire.com	K&M Tire, Delphos
<b>May 19</b>	Bike Rodeo	Activate Allen County, Paramount Healthcare	Josh Unterbrink: 419-303-3387	WOCAP, Lima
<b>May 19</b>	Chase the Rainbow Fun Color Run	Lima Senior Cheerleaders	dmaustin1981@gmail.com	Lima Senior High School, Lima
<b>May 26</b>	Sherwood Shark 5K			Sherwood Neighborhood (1680 Victoria Lane), Lima
<b>May 26</b>	3K Color Run	Rotaract Club, UNOH	@UNOHRotaractcolorrn (on Facebook)	Faurot Park, Lima
<b>May 27</b>	Nathan B. Carse Purple Heart Combat Wounded 5K Walk/Run	Chapter 1612 MOPH Lima, Ohio	Will Thompson: 567-749-0204	Ottawa Metro Park, Lima



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<b>June 2 – Aug 25</b> (Saturdays)	Family Nature Exploration	Johnny Appleseed Metropolitan Park District	419-221-1232	Ottawa Metro Park – Campground, Lima
<b>June – August</b> (Tuesdays)	Team Roadrunners Casual/Slow Road Rides	Team Roadrunners	John Simindinger: 567-204-5996 simi@woh.rr.com	June – Elida MS July – Bath HS Aug – Shawnee MS
<b>June – October</b> (2 <sup>nd</sup> Tues)	Ride with the Rangers	Cranker’s Cycling Activate Allen County		Stadium Park, Lima
<b>June 1</b>	Relay for Life- Lima	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Spartan Stadium, Lima
<b>June 15</b>	Relay for Life – Delphos	American Cancer Society	Cheryl Eddy: 512-490-8778 cheryl.eddy@cancer.org	Stadium Park, Delphos
<b>June 16</b>	Run/Walk for Literacy 5K	Friends of Bluffton Public Library www.blufftonpubliclibrary.org	Bonnie Hammon: 419-358-2320 bonham@wcoil.com	Bluffton Public Library, Bluffton
<b>June 16</b>	Limaland Bicycle Tour	Team Roadrunners	419-236-5638 (phone or text) teamroadrunners.org@gmail.com	UAW Local 1219 Park (Bible Road), Lima
<b>June 22</b>	Bluffton for Hope – Glow Run 5K (Relay for Life – Bluffton)	American Cancer Society	Lynda Best: 419-296-2790 lbest43@embarqmail.com	Bluffton Family Recreation, Bluffton
<b>June 22</b>	Kewpee/YMCA 10K	Lima Family YMCA/Kewpee	limaymcaracing@hotmail.com	Lima Family YMCA, Lima
<b>June 23</b>	Spencerville Summerfest 5K Run	Spencerville Summer Fest	Brian McMichael bcmспен@hotmail.com	Spencer Township Park, Spencerville
<b>June 17</b>	Father’s Day Hike	Johnny Appleseed Metropolitan Park District	419-221-1232	Motter Metro Park, Bluffton



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July 4	Freedom 10K, 5K, 1 Mile Run	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima
July 4	Freedom Run Ride	Star Spangled Spectacular	lima4th.com	Faurot Park, Lima
July 4	Firecracker Bike Ride (10 Mile Fun Ride)	Delphos Kiwanis Club	Jodi Moenter Jodi_moenter18@hotmail.com	Hanser Pavilion, Delphos
July 14	Bluffton Ride to Remember	Bluffton Chamber, Bluffton Lions Foundation	Fred Steiner: 419-369-2985, ext 118 blufftonchamber@gmail.com	Bluffton Family Recreation Center, Bluffton
July 14	Cridersville Fireman's Jamboree Color Run	Cridersville Fire Department	Rick Miller: 419-645-4000 cvillefd@bright.net	Cridersville Fire Department, Cridersville
July 21	Summerfest 1K	Bluffton Family Recreation		Southgate Lanes, Bluffton
July 26	Ride & Dine with Team Roadrunners	Team Roadrunners	419-236-5638 (phone or text) teamroadrunners.org@gmail.com	YMCA, Lima
July 22	Lima YMCA/Kewpee Triathlon/Duathlon	Lima Family YMCA	limaymcaracing@hotmail.com	Ottawa Metro Park, Lima
July 28	Rally Point River Ride	Rally Point Youth Center	Jared Diller: 419-229-4444 rallypoint@live.com	Heritage Park, Lima
August 4	Paint a Different World 5K Color Fun Run/walk	Crime Victim Services		Ottawa Metro Park, Lima



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Aug 17	Kewpee/YMCA 5K Glow Run, 1K Fun Run	Lima Family YMCA		Ottawa Metro Park, Lima
August 7	National Night Out 5K Fun Run	Johnny Appleseed Metropolitan Park District	419-222-1232	Heritage Park, Lima
Sept 1	Bring a Can and Lose Yours 5K Run/walk	Basement Doctor basementdoctor5K.com	Valerie Blodgett: 419-229-5800 vblodgett@basementdoctornorthwest.com	Faurot Park, Lima
Sept 8	Walk to End Alzheimer's	Alzheimer's Association	Linda Pollitz: 419-522-5050 lpollitz@alz.org	Faurot Park, Lima
Sept – October (Saturday mornings)	Walking Through Autumn – Fall Hiking Series	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Locations TBA
Sept 16	Canal Days 5K	Delphos Canal Days	Diane Sterling: 419-695-1771 canaldays@delphoschamber.com	Downtown Delphos (Second and Main)
Sept 29	Suicide Awareness and Prevention Walk and 5K	Prevention for Violence Free Families	Donna Dickman: 419-549-8530 ddickman@pvff.org	Coleman Professional Services, 799 S. Main
Oct 27	Keeping Hunger on the Run 5K & Half Marathon	Meals 'til Monday	Joe & Jenny Earl: 419-303-5892 MealstilMonday@yahoo.com	Elida Elementary School, Elida
Oct 13	American Cancer Society Making Strides of Lima Walk	American Cancer Society - Making Strides Against Breast Cancer	Alli Hermiller: 404-327-6451 Allison.Hermiller@cancer.org	UNOH, Lima

Brought to you by the Allen County Creating Healthy Communities Program at Allen County Public Health

