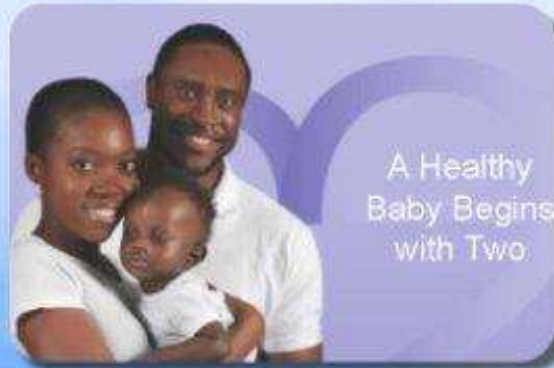


Who Are Community Health Workers?

"A Community Health Worker is a trained advocate from the community who empowers individuals to access community resources through education, outreach, home visits, and referrals."



Caring For Two



Community Health Workers

Can be reached at the following numbers:

419-222-5348

419-222-3841

419-225-5207

Send Referrals:

Fax: 419-228-5173

Allen County Health Department
219 E. Market Street
Lima, Ohio 45801
Phone 419-228-4457

Funded by the Ohio Department of Health
Ohio Infant Mortality Reduction Initiative

Caring For Two

Caring For You and
Your Babies Too!



Caring For Two:

is an Allen County Health Department neighborhood outreach program that provides in-home visits during and after pregnancy.
(From birth through 2 years)

Who Is Eligible?

- **Pregnant** African American women
- High risk Pregnancy
- Resides in the 45801 and 45804 zip codes only



Get Healthy!



Our Mission Is...

To reduce African American Infant mortality rate and low birth weight.

Our Goals Are?

1. To promote early consistent Prenatal care
2. Consistent well - baby check-ups
3. On time Immunizations (Shots)



Our Services Include Education On:

1. Pregnancy
2. Care of Newborn infant, & young child
3. Family Planning
4. Alcohol & Substance Abuse
5. Healthy Lifestyle Choices
6. Referrals
7. Nutrition
8. Immunization Facts



A Sample Of Referrals Include:

- Women, Infants and Children (WIC)
- Healthy Start, Healthy Family medical insurance for pregnant women and their children
- Prenatal care providers
- Pediatricians