

making communities walk- and bike-friendly helps them thrive



# Bike and walk friendly communities...

#### **Improve Safety**

The Allen County community has the worst bike and pedestrian crash rates in Ohio, compared to similar sized communities.<sup>1</sup> We can reduce crashes by making roads safer for people to walk or ride bikes. And there's safety in numbers! When walking and bicycling rates double, the risk of pedestrian-motorist crashes decreases by 34%.<sup>2</sup>



#### Improve Health

3 out of 4 adults in Allen County have an unhealthy weight.<sup>3</sup> Choosing to walk and bike increases levels of physical activity, which in turn reduces risk of chronic diseases, and saves everyone money on healthcare costs.

## **2 OUT OF 3 ADULTS** in Allen County have an unhealthy weight.

## Help Save the Environment

Cars add to air pollution; walking and biking produces none. Replacing two miles of driving each day with walking or bicycling will, in one year, prevent 730 pounds of carbon dioxide from entering the atmosphere.<sup>4</sup>





# Walk and bike friendly communities help the local economy by...

### **Saving Families Money**

Americans spend more than 18 cents of every dollar on transportation, more than food, clothing and healthcare. When a two-person household downsizes to one car, they can save up to \$10,064 a year. With the average cost of owning and operating a vehicle at 60.8 cents per mile, every mile walked or biked is money in your pocket.<sup>5-7</sup>

# **\$.18 OF EVERY \$1.00** *is spent on transportation, more than food, clothing and healthcare.*

## **Increasing Home Values**

Two out of three homebuyers think about the walkability of an area when they decide to buy a home. Homes in neighborhoods with higher Walk Scores sold for \$4000 to \$34,000 more than the average home.<sup>8</sup>

# **Boosting Local Business**





When you walk or ride a bike, you're more likely to keep trips shorter, and shop close to home, which is great for local business.





# Walk and bike friendly communities give more choices to...

#### Children, so that they can safely walk or bike to school

Healthy children are better learners. A study at the University of Illinois Urbana-Champaign found that a 20 minute walk for 9 & 10 year olds increased brain activity, which translates into better and faster test performance.<sup>10</sup> A half-mile walk to and from school will add about 20 minutes of walking to their day.



#### People who don't drive

About one in three Americans don't drive automobiles. Along with children, this includes people with a disability (nearly 1 in 5 Americans) and seniors. Walk, bike and transit options allow more people to become and stay independent as long as possible.<sup>11</sup>



#### **Everyone**

Seven out of ten Americans say that having bike lanes or paths in their community is important to them.<sup>12</sup>

# "The communities that are thriving are the ones that support active transportation."

-Jeff Sprague, President/CEO Allen Economic Development Group



# It's time to take action...

### What Can You Do?

Reach out to your local officials and let them know that you support active transportation that provides choices for everyone.

Take advantage of the biking/walking facilities that we already have in Allen County.

Challenge yourself to leave the car parked for trips under a mile or two.

#### What Can Businesses Do?

Businesses can promote active commutes to employees, and install bike parking for employees and patrons.



Join the Allen County Bike and Pedestrian Task Force, and get involved. You can volunteer to join a subcommittee, or help with bike and pedestrian counts held twice a year.

#### ALLEN COUNTY PUBLIC HEA For more information call 419-228-4457 and ask for the Health Education Division.

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## The Allen County **Active Transportation Plan**

#### What Is The Plan?

The plan is to make active transportation a safe, easy option in Allen County. You can learn about the plan on Activate Allen County's Active Transportation Plan webpage. Visit www.activateallencounty.com, on the "Healthy Community," and "Active Transportation" tabs.



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