

# Take the Smoke Outside.



Allen County  
**SMOKE-FREE**  
LIVING

## What is secondhand smoke (SHS)?

- The smoke from a burning cigarette.
- The smoke breathed out by someone who is smoking.

## Why is secondhand smoke (SHS) dangerous?

- Smoking is the number one cause of home fire deaths in the United States.
- Every year, almost 1,000 smokers and non-smokers are killed in home fires caused by cigarettes and other smoking materials.
- Reduce the risk for fires in your building. It's better to smoke outside.
- Never smoke in a home where oxygen is used. Medical oxygen can explode if flame or spark is near.
- **Emerging issue:** Electronic cigarette (e-cigs) fires and explosions. They are rare, but more than 2.5 million Americans are using them and the number of fires caused by e-cigs is growing rapidly.

*Source: U.S. Fire Administration*

Protect your family and  
your neighbors.

Always step outside to smoke.



*Photo by Craig J. Orosz/The Lima News*

Everyone deserves to breathe smoke-free air.

Ask your landlord about no-smoking policies in your building.

If you need help to quit smoking, call the Ohio Tobacco Quitline:

1-800-QUIT NOW

(1-800-784-8669)

<http://ohio.QuitLogix.org>

For more information or help with developing a smoke free housing policy, contact Allen County Public Health at 419-228-4457 or visit [www.allencountypublichealth.org](http://www.allencountypublichealth.org).

