

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



Date	Event	Organization	Contact Information	Location
Feb 25	February Freeze 5K	St. Rita's Medical Center	Abe Frieson: 419-226-9143 amfrieson0@mercy.com	St. Rita's Medical Center, Lima
Mar 1	Run Your Ashes Off 5K Run/Walk	Delphos St. Vincent Depaul	Julie Rode: 419-230-3485 Linda Schulte: 419-549-6933	Delphos St. John's Preschool, Delphos
April 22	Park 2 Park 5K Run/Walk	Forest Park UMC	Tim Benjamin: 419-227-8445 brownsandindians@gmail.com	Forest Park UMC, Lima
April 22	Allen County Junior Leaders 5K Clover Run	Allen County 4H www.alliancerunning.com	allencountyjuniorleaders@gmail.com	Allen County Fairgrounds, Lima
April 22	Quilna 5K			Shawnee H.S.
April 23	Crankers Critical Mass Ride	Crankers Cycling	crankerscycling@gmail.com	Downtown Lima (Crankers future store at 401 N. Main)
April 23	Spring Fling 5K	Bath XC	Daniel Grime: 419-233-5487 GRIMED@bathwildcats.org	YMCA, Lima
April 29	Running with FLAHR Hot Chocolate 5K	FLAHR (Fight Like a RedHead)	fightlikeahead@gmail.com	Ottawa Metro Park, Lima
April 30	Organ Donor Dash 5K	Delphos Run Club, St. Rita's Medical Center, Donate Life	Deann Heiing: 419-230-2963 ldheiing6@hotmail.com	Delphos Jefferson High School, Delphos
April – Sept (Thursdays)	Delphos Run Club		Mandy Weimerskirch	Rustic Café, Delphos

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



April – October (Thursdays)	CG Pro Bikes Group Rides		Raymond Harner 419-659-2916	CG Pro Bikes, Bluffton
May 1 – Sept 30	National Bike Challenge	League of American Bicyclists	https://nationalbikechallenge.org	Nationwide
May – Sept (1 st /3 rd Sat)	Delphos Bike Club		Jim Webb 419-296-6782	Stadium Park, Delphos
May 6	Bluffton University May Day Fun Run – 4 mile run/walk	Bluffton University Alumni Association	Amy Byers byersa@bluffton.edu	Bluffton University – Sommer Center, Bluffton
May 6	Bluffton University Nature Preserve Walk – 5K	Bluffton University Alumni Association	Amy Byers byersa@bluffton.edu	Bluffton University – Sommer Center, Bluffton
May 13	March for Babies Walk	March of Dimes	Theresa Gray: 567-298-4820 tgray@marchofdimes.org	Veteran's Memorial Civic & Convention Center, Lima
May 19	Herb Jay River Run 5K	Lima Family YMCA	Dan Grime: 419-233-5487 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
May 20	Adult Nature Study: Butterflies (hike)	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	McElroy Environmental Education Center, Lima
May 21	Matt Ulrich Memorial 5K Pump & Run		Adam Wiltsie: 419-236-7975 adamwiltsie@hotmail.com	Delphos Jefferson High School, Delphos
May 28	Nathan B. Carse Purple Heart 5K Walk/Run	Chapter 1612 MOPH Lima, Ohio	Will Thompson: 419-229-1945 Dustin Shope: 567-525-4767	Faurot Park, Lima

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



June 1 – Aug 17 (1 st /3 rd Thursdays)	Bird Monitoring – Diversity and Population Census	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Multiple locations
June 3 – Aug 26 (Saturdays)	Family Nature Exploration	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Ottawa Metro Park – Campground, Lima
June 3	Superhero 5K/5 Mile	Relay for Life, K&M Cares, Delphos Run Club	419-695-1061 ext. 1136 Sergio.Villasana@kmtire.com	K&M Tire, Delphos
June 3	3K Color Run	Rotaract Club, UNOH	@UNOHRotaractcolorrun (on Facebook)	Faurot Park, Lima
June 3	St. Gerard Festival 5K - Scott Huysman Memorial 5K Run	St. Gerard's	Jeff Rex: 567-204-3919 www.stgerardchurch.org	St. Gerard's, Lima
June 9	Relay for Life - Delphos	American Cancer Society	Jamie Orozco: 888-227-6446, ext 5208 jamie.orozco@cancer.org	Delphos Jefferson High School, Delphos
June 10	Run/Walk for Literacy 5K	Friends of Bluffton Public Library www.blufftonpubliclibrary.org	Bonnie Hammon: 419-358-2320 bonham@wcoil.com	Bluffton Public Library, Bluffton
June 10	Bark for Life	Delphos Animal Hospital	419-692-9941	Leisure Park, Delphos
June 14	2 nd Annual Business Olympics	Allen County Chamber of Commerce	Adah Ellerbrock: 419-222-6045 aellerbrock@limachamber.com	Lima YMCA
June 16	Relay for Life- Lima	American Cancer Society	Allison Boesel: 888-227-6446, ext. 5216 allison.boesel@cancer.org	Spartan Stadium, Lima

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



June 17	Limaland Bicycle Tour	Team Roadrunners	Jay Salge teamroadrunners.org@gmail.com	Ottawa Metro Park, Lima
June 23	Astronomy Night Hike	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Ottawa Metro Park – Amphitheater, Lima
June 24	Bluffton for Hope – Glow Run 5K (Relay for Life – Bluffton)	American Cancer Society	Lynda Best: 419-296-2790 lbest43@embarqmail.com	Bluffton Family Recreation, Bluffton
June 24	Spencerville Subway 4 mile Run	Spencerville Summer Fest	Brian McMichael bcmspen@hotmail.com	Spencer Township Park, Spencerville
July 4	Freedom 5K Run	Star Spangled Spectacular	Kurt Neeper: 419-879-3502 kneeper@superiorfcu.com	Faurot Park, Lima
July 8	3 rd Annual Ride to Remember	Bluffton Chamber, Bluffton Lions Foundation	Fred Steiner: 419-369-2985, ext 118 blufftonchamber@gmail.com	Bluffton Family Recreation Center, Bluffton
July 18	Jamboree 5k Run/Walk	Cridersville Fire Department	Rick Miller: 419-645-4000 cvillefd@bright.net	Cridersville
July 28	Family Campfire & Evening Hike	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Hermon Woodlands Metro Park, Lima
July 29	Dance Through Downtown Lima 5K	Pointe of Joy- Dance Boutique	567-525-8325	116 N. West St., Lima
Aug 4	Downtown Lima Chalk Walk	Downtown Lima, Inc.	Nitza's: 419-227-3877	Downtown Lima

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



Aug 5	Rally Point River Ride	Rally Point Youth Center	Jared Diller: 419-229-4444 rallypoint@live.com	Ottawa Metro Park, Lima
Aug 6	Lima YMCA/Kewpee Triathlon/Duathlon	Lima Family YMCA	Dan Grime: 419-233-5487 limaymcaracing@hotmail.com	Lima Family YMCA, Lima
Aug 11	Lima Glow Run	Lima Family YMCA		Ottawa Metro Park, Lima
Sept 2	Bring a Can and Lose Yours 5K walk/Run	Basement Doctor basementdoctor5K.com	Valerie Blodgett: 419-229-5800 vblodgett@basementdoctornorthwest.com	Faurot Park, Lima
Sept 9	Walk to End Alzheimer's	Alzheimer's Association	Linda Pollitz: 419-522-5050 lpollitz@alz.org	Faurot Park, Lima
Sept 9 – Oct 28 (Saturday mornings)	Walking Through Autumn – Fall Hiking Series	Johnny Appleseed Metropolitan Park District	Beth Theisen: 419-223-1025 BTheisen@jampd.com	Locations TBA
Sept 16	Heart Chase - Lima	St. Rita's Medical Center (Mercy Health)	Mary Marker: 419-226-9759 mlmarker@mercy.com	Lima
Sept 17	Canal Days 5K	Delphos Canal Days		Delphos (Second and Main)
Sept 30	Donut Dart – 5K Run/Walk	Tim Horton's	www.runwalk.events	UNOH, Lima
Oct 14	American Cancer Society Making Strides of Lima Walk	American Cancer Society - Making Strides Against Breast Cancer	Jesse Purcell: 888-227-6446, ext 6217 jesse.purcell@cancer.org	UNOH, Lima

Allen County Walks/Runs/Rides 2017

Please note: This is not a complete list. Regularly check the Allen County CVB's Community Calendar (do a search for walks/rides/runs) for an up-to-date list of events in the community.



Oct 28	Keeping Hunger on the Run 5K & Half Marathon	Meals 'til Monday	Joe & Jenny Earl: 419-303-5892 MealstilMonday@yahoo.com	Elida Elementary School, Elida
Nov 5	Kewpee/YMCA 10K	Lima Family YMCA/Kewpee	Dan Grime: 419-233-5487 limaymcaracing@hotmail.com	Lima Family YMCA, Lima



Brought to you by the Allen County Creating Healthy Communities Program at Allen County Public Health

